

PRESCRIPTION DRUG ABUSE

Date: _____	Observer Name: _____
Site (city, state) _____	School: _____
Instructor(s): _____ <i>(Please indicate if instructor is a substitute)</i>	# of students: _____
Time LST Started: _____	Time LST Ended: _____
Total time of LST lesson: _____	
If interrupted, how much time was taken from the lesson? _____ minutes.	
Did the lesson begin in a prior session? YES NO	If YES, draw a line above the first point made in THIS session

Check "YES" or "NO" to indicate if each teaching point below was covered when the session was taught.

		YES	NO
Information about Prescription Drugs and Prescription Drug Resistance			
▪ Provide definitions for key terms (prescription, prescription drug, side effect, and contraindicated)			
▪ Review commonly abused prescription drugs (Student Guide, p. 1)			
▪ Have students complete the Prescription Drug Abuse Prevention Carousel activity (Teacher's Manual, Appendix 1, p. A.15-A.17)			
▪ Review myths and realities of prescription drugs (Student Guide, p. 2)			
Practice How to Resist Pressure to Abuse Prescription Drugs			
▪ Write steps "State your position" and "State your reason" on the board with examples			
▪ Have students write down their reasons to not abuse prescription drugs (Student Guide, p. 2)			
▪ Review tips for resisting peer pressure (eye contact, facial expression, body position/posture, distance)			
▪ Review methods for resisting peer pressure (give a reason, tell the truth, change the subject, walk away) and write them on the board			
▪ Conduct peer pressure wagon wheel exercise (Teacher's Manual, Appendix 1, p. A.18)			
Session Summary			
▪ Summarize the main points of the session			