

CLUB LIFE

JANUARY 2023 • FREMONT



KEEP THE EXCITEMENT OF THE NEW YEAR GOING!

The Club is the best place to be inspired to set goals and resolutions for the new year. With new classes, themed events, member socials, and much more happening this month, you'll never lose motivation.

CLUB HIGHLIGHTS

HAPPY NEW YEAR

From all of us at Bay Club! We hope to continue seeing your aspiration to thrive and achieve your goals in the new year and all the days and months following.

DR. MARTIN LUTHER KING, JR DAY CAMP

Bring the kiddos by to our MLK Day Camp on Monday, January 16 for a day filled with sports, crafts, fun and more! Sign up on Bay Club Connect.

GOLDEN RACQUET BADMINTON TOURNAMENT

Join us at the Club for a Golden Racquet Badminton Tournament.





NEW YEAR, NEW CREW

We're looking to expand and hire new crew members this new year! Scan the QR code to learn more.



SHARED MEMBERSHIP

Achieving new year goals just got easier with Shared Membership. Share your membership with up to five people and start working towards your goals together.

HOSPITALITY/FAMILY

KIDS IN THE KITCHEN: CHILI TIME

Friday, January 13 | 6:00 pm-9:00 pm Ages 5-12

Bring the kids by for a fun night in the kitchen! They'll learn how to make turkey or vegetarian chili, cornbread, and parfait! Sign up on Bay Club Connect.

DR. MARTIN LUTHER KING, JR DAY CAMP

Monday, January 16 | 9:00 am-4:00 pm

Bring the kiddos by to our MLK Day Camp for a day filled with sports, crafts, fun, a yummy lunch and more! For ages 5-12. Sign up on Bay Club Connect.

STEM NIGHT OUT

Friday, January 27 | 6:00 pm-9:00 pm

Bring the kids by for a night of fun science! The drop-off event includes exploring volcanoes, invisible ink, lava lamps and more! Sign up on Bay Club Connect.

JANUARY SMOOTHIE OF THE MONTH

Stop by the café to try our January Immunity Boosterwith orange juice, almond milk, vanilla protein powder, and vanilla syrup blended over ice.





FITNESS/SPORTS

NEW EDGE TRAINING: BOXING

Every Mondays | 7:00 am

The intro class with Coach Gio will teach fundamentals of boxing, including cardio, footwork, and punch location refinement. Sign up on Bay Club Connect.

SQUASH TOURNAMENTS

Silver: January 14-15 | Gold: January 27-29

Bay Club Fremont is hosting two squash tournaments in January-both a Silver and a Gold! We can't wait to cheer on our great Juniors!

GOLDEN RACQUET BADMINTON TOURNAMENT

Friday, January 20 | 5:00 pm-9:00 pm

Come show off your skills and compete for the coveted Bay Club Fremont Golden Racquet! Sign up on Bay Club Connect by January 14.

PICKLEBALL MIXED DOUBLES TOURNAMENT

Saturday, January 21 | 9:00 am

Pick your partner and sign up for our fun-filled Mixed Doubles tournament! Food, drinks, and prizes provided! Sign up on Bay Club Connect.



If trying something new is on your list of resolutions this year, check that off by exploring our latest class offerings on Bay Club Connect.



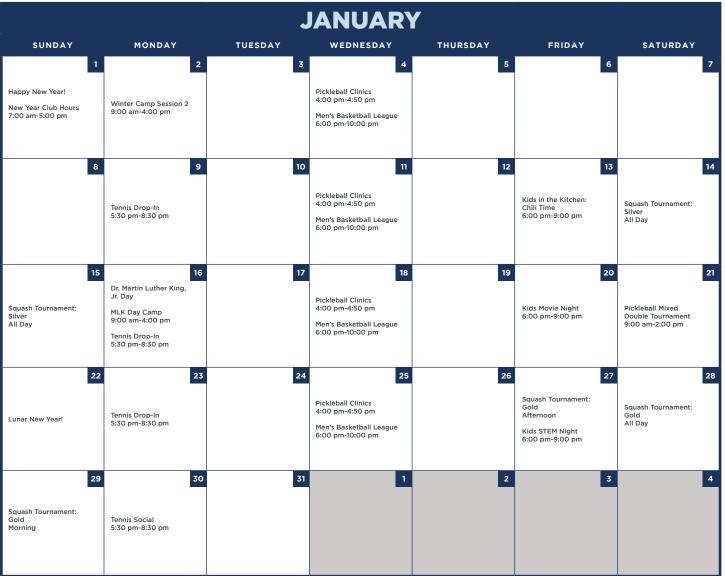


CALENDAR OF EVENTS



CLUB HOURS OF OPERATIONS

Monday through Friday: 6:00 am-10:00 pm Saturday and Sunday: 7:00 am-7:00 pm



MEMBER TIP OF THE MONTH: UPDATING YOUR SHARED MEMBERSHIP

Did you know you can easily add members to your Shared Membership through Bay Club Connect?



 Scan the code and check out our video to learn how to add members in a few easy steps.

If you need further assistance, contact us on Bay Club Connect.

- Open your Connect App.
 - Select MORE in the bottom right corner.
- Select CONTACT US.

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Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.