



# CLUB LIFE

JANUARY 2023 • FINANCIAL DISTRICT



## KEEP THE EXCITEMENT OF THE NEW YEAR GOING!

The Club is the best place to be inspired to set goals and resolutions for the new year. With new classes, themed events, member socials, and much more happening this month, you'll never lose motivation.

### CLUB HIGHLIGHTS

#### NEW YEAR, NEW GOALS!

Jump start your fitness goals and try new classes or schedule a personal training session. Sign up on Bay Club Connect or email [Kenny.Lorenzetti@bayclubs.com](mailto:Kenny.Lorenzetti@bayclubs.com).

#### SHOWCASE EVENT & MEMBER SOCIAL

Join us on Wednesday, January 25 from 5:00 pm to 8:00 pm for complimentary lite bites and drinks as we mingle with the crew and other members.

#### BAGEL THURSDAYS

Stop by the Club Thursday mornings for a complimentary bagel.



#### NEW YEAR, NEW CREW

We're looking to expand and hire new crew members this new year! Scan the QR code to learn more.



# CONVENIENT PERSONAL LOCKERS

Interested in your own personal locker? Learn more about half and executive lockers at the Club by emailing [Charlie.Galvez@bayclubs.com](mailto:Charlie.Galvez@bayclubs.com)

## HOSPITALITY/FAMILY

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### FREE GUEST FRIDAY

**January 6**

Share your Bay Club Happy with a friend or two. On the first Friday of every month, members are welcome to bring a guest to enjoy all the Club's offerings.

### DR. MARTIN LUTHER KING, JR DAY CAMP

**Monday, January 16 | 9:00 am-4:00 pm**

MLK Day Camp at Gateway for the kiddos will be a day filled with sports, crafts, fun and more! Half-day and full-day available. Sign up on Bay Club Connect.

### LUNAR NEW YEAR DAY CAMP

**Monday, January 23 | 9:00 am-4:00 pm**

Bring the kids by Bay Club Gateway for the day to celebrate the Year of the Rabbit and enjoy sports, crafts, and more! Sign up on Bay Club Connect.

### NATIONAL CROISSANT DAY

**Monday, January 30 | 7:00 am-10:00 am**

Celebrate National Croissant Day with us at the Club, where we'll be serving buttery and flakey croissants in the Lobby.







## FITNESS/SPORTS

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### SHOWCASE EVENT & MEMBER SOCIAL

Wednesday, January 25 | 5:00 pm-8:00 pm

Try something new this year and join us for one or more of our Showcase Event group fitness classes. Sign up on Bay Club Connect.

### KIDS AQUATICS AT BAY CLUB GATEWAY

Afterschool Swim Team, Swim School, Private Lessons, and Parent-Tot Classes are available. Sign up on Bay Club Connect.

### PICKLEBALL TOURNAMENT AT SOUTH SAN FRANCISCO

Saturday, January 7 | 9:00 am

Men's, Women's, and Mixed Doubles in MLP format. Matches will play in rotation with eight teams of four. For more info, email [Courtney.Patterson@bayclubs.com](mailto:Courtney.Patterson@bayclubs.com).

### WINTER BASKETBALL LEAGUE

Mondays & Wednesdays | 6:00 pm-10:00 pm

Basketball league returns to BCSF on January 16. Advanced on Mondays and Intermediate on Wednesdays. Sign up at [basketball.bcsf@bayclubs.com](mailto:basketball.bcsf@bayclubs.com) by January 7.

## SHARED MEMBERSHIP

Share your membership with up to five people and start working towards your new year goals together. Email [Chelsea.Ashbaker@bayclubs.com](mailto:Chelsea.Ashbaker@bayclubs.com) for more information.





# CALENDAR OF EVENTS



## CLUB HOURS OF OPERATIONS

Monday through Friday: 5:00 am-8:00 pm

Saturday and Sunday: Closed

JANUARY						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 IGNITE with Manny Gonzalez 5:00 pm-5:50 pm  IGNITE with Manny Gonzalez 6:00 pm-6:50 pm	3 Power Flow Yoga with Mark Cormier 6:45 pm-7:35 pm	4 Vinyasa Yoga with Emma Beck 12:00 pm-12:50 pm	5 Complimentary Bagels 6:00 am-8:00 am	6 Free Guest Day All Day	7 Pickleball Tournament at SSF 9:00 am
8	9 IGNITE with Manny Gonzalez 5:00 pm-5:50 pm  IGNITE with Manny Gonzalez 6:00 pm-6:50 pm	10 Power Flow Yoga with Mark Cormier 6:45 pm-7:35 pm	11 Vinyasa Yoga with Emma Beck 12:00 pm-12:50 pm	12 Complimentary Bagels 6:00 am-8:00 am	13	14
15	16 Dr. Martin Luther King, Jr Day Camp at Gateway 9:00 am-4:00 pm  IGNITE with Manny Gonzalez 5:00 pm-5:50 pm  IGNITE with Manny Gonzalez 6:00 pm-6:50 pm	17 Power Flow Yoga with Mark Cormier 6:45 pm-7:35 pm	18 Vinyasa Yoga with Emma Beck 12:00 pm-12:50 pm	19 Complimentary Bagels 6:00 am-8:00 am	20	21
22	23 Lunar New Year Day Camp at Gateway 9:00 am-4:00 pm  IGNITE with Manny Gonzalez 5:00 pm-5:50 pm  IGNITE with Manny Gonzalez 6:00 pm-6:50 pm	24 Power Flow Yoga with Mark Cormier 6:45 pm-7:35 pm	25 Showcase Event and Member Social 5:00 pm-8:00 pm	26 Complimentary Bagels 6:00 am-8:00 am	27	28
29	30 National Croissant Day 7:00 am-9:00 am  IGNITE with Manny Gonzalez 5:00 pm-5:50 pm  IGNITE with Manny Gonzalez 6:00 pm-6:50 pm	31 Power Flow Yoga with Mark Cormier 6:45 pm-7:35 pm	1	2	3	4

## MEMBER TIP OF THE MONTH: UPDATING YOUR SHARED MEMBERSHIP

Did you know you can easily add members to your Shared Membership through Bay Club Connect?



Scan the code and check out our video to learn how to add members in a few easy steps.

## If you need further assistance, contact us on Bay Club Connect.

- Open your Connect App.
- Select MORE in the bottom right corner.
- Select CONTACT US.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.