



# CLUB LIFE

JANUARY 2023 • SAN FRANCISCO



## KEEP THE EXCITEMENT OF THE NEW YEAR GOING!

The Club is the best place to be inspired to set goals and resolutions for the new year. With new classes, themed events, member socials, and much more happening this month, you'll never lose motivation.

### CLUB HIGHLIGHTS

#### MONTHLY MEMBER SOCIAL

January 19 | 5:30 pm-7:30 pm  
Join us for our Member Social and enjoy complimentary lite bites and drinks.

#### LATIN VIBES WEEKENDS WITH BRANDAN AND FERNANDO

Saturdays and Sunday 9:00 am-9:50 am  
Finish off your week and groove with Brandan and Fernando to some spicy beats at our Zumba Latin Vibes weekend classes.

#### BASKETBALL INSTRUCTION

Join Coach Adrian Byrd for Youth Basketball in one-on-one or small-group trainings. For more info, email [basketball.bcsf@bayclubs.com](mailto:basketball.bcsf@bayclubs.com).



#### NEW YEAR, NEW CREW

We're looking to expand and hire new crew members this new year! Scan the QR code to learn more.



# CONVENIENT PERSONAL LOCKERS

Interested in your own personal locker? Learn more about half and executive lockers at the Club by emailing [Nate.Briones@bayclubs.com](mailto:Nate.Briones@bayclubs.com).

## HOSPITALITY/FAMILY

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### FREE GUEST DAY

January 6

Share your Bay Club Happy with a friend or two. On the first Friday of every month, members are welcome to bring a guest to enjoy all the Club's offerings.

### DR. MARTIN LUTHER KING, JR. DAY CAMP

Monday, January 16 | 9:00 am–4:00 pm

MLK Day Camp at Gateway for the kiddos will be a day filled with sports, crafts, fun and more! Half-day and full-day available. Sign up on Bay Club Connect.

### KIDS AQUATICS AT BAY CLUB SAN FRANCISCO

Tuesdays and Thursdays

Afterschool Swim Team for the kids is now open for January through March. Private lessons for all ages are also available. Sign up on Bay Club Connect.

### YOUTH BASKETBALL SKILLS CLINIC

Sunday, January 22 | 12:00 pm–2:30 pm

Learn fundamentals and improve skills with Coach Adrian Byrd. Ages 6-9 at 12:00 pm. Ages 10-13 at 1:30 pm. For more info, email [basketball.bcsf@bayclubs.com](mailto:basketball.bcsf@bayclubs.com).







## FITNESS/SPORTS

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### PICKLEBALL TOURNAMENT AT SOUTH SAN FRANCISCO

Saturday, January 7 | 9:00 am

Men's, Women's, and Mixed Doubles in MLP format. Matches will play in rotation with eight teams of four. For more info, email [Courtney.Patterson@bayclubs.com](mailto:Courtney.Patterson@bayclubs.com).

### FIIGHT OLD HABITS WITH ISRAEL

Every Wednesdays | 7:00 am-7:50 am

Join Israel and FIIGHT old habits and bring in the new year refreshed and renewed.

### RIDE AND THRIVE WITH ANDRES

Every Tuesdays | 5:30 pm-6:20 pm

Cycle your way into a thriving new year with instructor Andres.

### WINTER BASKETBALL LEAGUE

Mondays & Wednesdays | 6:00 pm-10:00 pm

Basketball league returns January 16. Advanced leagues on Mondays and intermediate leagues on Wednesdays. Sign up at [basketball.bcsf@bayclubs.com](http://basketball.bcsf@bayclubs.com) by January 7.

## SHARED MEMBERSHIP

Share your membership with up to five people and start working towards your new year goals together. Email [Chelsea.Ashbaker@bayclubs.com](mailto:Chelsea.Ashbaker@bayclubs.com) for more information.





# CALENDAR OF EVENTS



## CLUB HOURS OF OPERATIONS

**Monday through Thursday:** 5:00 am-10:00 pm

**Friday:** 5:00 am-9:00 pm

**Saturday and Sunday:** 7:00 am-7:00 pm

JANUARY						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Zumba Latin Vibes 9:00 am-9:50 am	2	3 Parent-Tot Swim Class 10:30 am-10:55 am Ride and Thrive 5:30 pm-6:20 pm	4 IGNITE the New Year 5:30 pm-6:20 pm Celebration Dance 6:30 pm-8:00 pm FIIGHT Old Habits 7:00 pm-7:50 pm	5 Ride and Thrive 5:30 pm-6:20 pm Adult Beginner Swim Class 6:15 pm-7:05 pm	6 Free Guest Day All Day Yoga Class 4:00 pm-5:15 pm Round Robin 5:30 pm-7:30 pm	7 Zumba Latin Vibes 9:00 am-9:50 am
8 Zumba Latin Vibes 9:00 am-9:50 am	9	10 Parent-Tot Swim Class 10:30 am-10:55 am Ride and Thrive 5:30 pm-6:20 pm	11 IGNITE the New Year 5:30 pm-6:20 pm FIIGHT Old Habits 7:00 pm-7:50 pm	12 Ride and Thrive 5:30 pm-6:20 pm Adult Beginner Swim Class 6:15 pm-7:05 pm	13 Yoga Class 4:00 pm-5:15 pm Round Robin 5:30 pm-7:30 pm	14 Zumba Latin Vibes 9:00 am-9:50 am
15 Zumba Latin Vibes 9:00 am-9:50 am	16 Dr. Martin Luther King, Jr Day Camp 9:00 am-4:00 pm Basketball: "A" League 6:00 pm-10:00 pm	17 Parent-Tot Swim Class 10:30 am-10:55 am Ride and Thrive 5:30 pm-6:20 pm	18 IGNITE the New Year 5:30 pm-6:20 pm Basketball: "B" League 6:00 pm-10:00 pm FIIGHT Old Habits 7:00 pm-7:50 pm	19 Ride and Thrive 5:30 pm-6:20 pm Monthly Member Social 5:30 pm-7:30 pm Adult Beginner Swim Class 6:15 pm-7:05 pm	20 Yoga Class 4:00 pm-5:15 pm Round Robin 5:30 pm-7:30 pm	21 Zumba Latin Vibes 9:00 am-9:50 am
22 Zumba Latin Vibes 9:00 am-9:50 am Basketball Skills Clinic: Ages 6-9 12:00 pm-1:00 pm Basketball Skills Clinic: Ages 10-13 1:30 pm-2:30 pm	23 Basketball: "A" League 6:00 pm-10:00 pm	24 Parent-Tot Swim Class 10:30 am-10:55 am Ride and Thrive 5:30 pm-6:20 pm	25 IGNITE the New Year 5:30 pm-6:20 pm Basketball: "B" League 6:00 pm-10:00 pm FIIGHT Old Habits 7:00 pm-7:50 pm	26 Ride and Thrive 5:30 pm-6:20 pm Adult Beginner Swim Class 6:15 pm-7:05 pm	27 Yoga Class 4:00 pm-5:15 pm Round Robin 5:30 pm-7:30 pm	28 Zumba Latin Vibes 9:00 am-9:50 am
29 Zumba Latin Vibes 9:00 am-9:50 am	30 Basketball: "A" League 6:00 pm-10:00 pm	31 Parent-Tot Swim Class 10:30 am-10:55 am Ride and Thrive 5:30 pm-6:20 pm	1	2	3	4

## MEMBER TIP OF THE MONTH: UPDATING YOUR SHARED MEMBERSHIP

Did you know you can easily add members to your Shared Membership through Bay Club Connect?



Scan the code and check out our video to learn how to add members in a few easy steps.

## If you need further assistance, contact us on Bay Club Connect.

- Open your Connect App.
- Select MORE in the bottom right corner.
- Select CONTACT US.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.