

Save the Date



TEXAS A&M
AGRI LIFE
EXTENSION

DANCEFIT

GET YOUTH MOVING



"My students loved it; they asked to do the dances again the very next day. I was surprised that even the ones who didn't want to do it at first had lots of fun."

MCALLEN PE COACH

ONLINE TRAINING

Wednesday
June 2, 2021
10 - 11 am

Texas A&M AgriLife Extension and Texas 4-H have partnered up to bring you an all new way to get fit and interact with the youth in your community. Join us for an interactive online training as we show you all that DANCEFIT has to offer!

If you have any questions please contact:

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TALKING POINTS

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OVERVIEW & PURPOSE

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IMPLEMENTATION STRATEGIES

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CURRICULUM ENRICHMENT

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RESOURCES



Dancefit was originally created by the University of Kentucky - Cooperative Extension Program and has been adapted with permission for Texas 4-H

