

# ***Proclamation 2022* Report of Editorial Changes**

This report lists all editorial changes that publishers intend to make to their pre-adoption samples prior to final publication.

## **Publisher: Goodheart-Wilcox Publisher**

**Subject: Health Education, Grade 6**

**Program: *Texas Health Skills for Middle School - Online Learning Suite***

**Component: *SPANISH OT Habilidades de salud de Texas en la escuela intermedia***

ISBN: 9781683115373

[Link to Current Content](#)

Current Page Number(s): ii

Location: Copyright page

Original Text: "Fabricado en los Estados Unidos de América"

Updated Text: Remove the line "Fabricado en los Estados Unidos de América"

**Component: *SPANISH OT Habilidades de salud de Texas en la escuela intermedia***

ISBN: 9781683115373

[Link to Current Content](#)

Current Page Number(s): 527

Location: Resultado del aprendizaje #5

Original Text: "discutir el ciclo de abuso y maneras de responder al abuso"

Updated Text: "discutir los patrones de poder y control en abuso y maneras de responder al abuso"

**Component: SPANISH OT Habilidades de salud de Texas en la escuela intermedia**

ISBN: 9781683115373

[Link to Current Content](#)

Current Page Number(s): 534

Location: First three paragraphs under "Romper el ciclo"

Original Text: "Romper el ciclo Sin importar el tipo de abuso, siempre hay un patrón. Esto significa que el abuso continúa con el paso del tiempo. El comportamiento abusivo suele seguir un ciclo de cuatro etapas (Figura 16.16). Estas cuatro etapas, denominadas el ciclo de abuso, incluyen lo siguiente:

- CONSTRUCCIÓN de tensiones;
- incidente;
- reconciliación;
- calma.

El ciclo de abuso se repetirá mientras el abuso continúe. No se detiene, salvo que alguien actúe para romper el ciclo. Los pasos para romper el ciclo de abuso incluyen lo siguiente:"

Updated Text: "Romper el patrón Sin importar el tipo del comportamiento abusivo, siempre tiene como objetivo tomar el poder o el control sobre la persona que sufre el abuso. El abuso a veces involucra cuatro etapas, denominadas el ciclo de abuso (Figura 16.16). No todo el abuso sigue este ciclo, pero estas etapas pueden ayudar a las personas a reconocer el comportamiento abusivo. Estas etapas incluyen:

- construcción de tensiones;
- incidente;
- reconciliación;
- calma.

El abuso es un patrón de poder y control. El abuso no se detiene, salvo que alguien actúe para romper el patrón de abuso. Los pasos para manejar el abuso incluyen los siguientes:"

**Component: TEACHER'S EDITION Texas Health Skills for Middle School**

ISBN: 9781683115366 (ePub)

[Link to Current Content](#)

Current Page Number(s): T1

Location: Title page

Original Text: "by" line before author names

Updated Text: Remove "by" line before author names

**Component: *TEACHER'S EDITION Texas Health Skills for Middle School***

ISBN: 9781683115366 (ePub)

[Link to Current Content](#)

Current Page Number(s): T2

Location: Copyright page

Original Text: "Manufactured in the United States of America"

Updated Text: Remove the line "Manufactured in the United States of America"

**Component: *TEACHER'S EDITION Texas Health Skills for Middle School***

ISBN: 9781683115366 (ePub)

[Link to Current Content](#)

Current Page Number(s): T12

Location: Figure TE.3

Original Text: Orange box that says "Practice in different contexts and real-life situations" and arrow

Updated Text: Change color from orange to dark blue

**Component: *TEACHER'S EDITION Texas Health Skills for Middle School***

ISBN: 9781683115366 (ePub)

[Link to Current Content](#)

Current Page Number(s): T20

Location: Audio Summaries

Original Text: Purple heading for "Audio Summaries"

Updated Text: Change to smaller, black heading for "Audio Summaries"

**Component: *TEACHER'S EDITION Texas Health Skills for Middle School***

ISBN: 9781683115366 (ePub)

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Current Page Number(s): 527

Location: Learning Outcome #5

Original Text: "discuss the cycle of abuse and ways of responding to abuse"

Updated Text: "discuss the patterns of power and control in abuse and ways of responding to abuse"

**Component: TEACHER'S EDITION Texas Health Skills for Middle School**

ISBN: 9781683115366 (ePub)

[Link to Current Content](#)

Current Page Number(s): 534

Location: First three paragraphs under Break the Cycle

Original Text: "Break the Cycle No matter the type, abuse is a pattern. This means that abuse continues over time. Abusive behavior usually follows a cycle of four stages (Figure 16.16). These four stages, called the cycle of abuse, include the following:

- tension building
- incident
- reconciliation
- calm

The cycle of abuse repeats as long as abuse continues. The abuse does not stop unless someone acts to break the cycle. Steps for breaking the cycle of abuse include the following:"

Updated Text: "Break the Pattern No matter the type, abusive behavior aims to take power or control over the person experiencing abuse. Abuse sometimes involves four stages, called the cycle of abuse (Figure 16.16). Not all abuse follows this cycle, but these stages can help people recognize abusive behavior. These stages include:

- tension building
- incident
- reconciliation
- calm

Abuse is a pattern of power and control. The abuse does not stop unless someone acts to break the pattern of abuse. Steps for managing abuse include the following: "

**Component: STUDENT EDITION Texas Health Skills for Middle School**

ISBN: 9781683115267 (print)9781683115380 (ePub)

[Link to Current Content](#)

Current Page Number(s): i

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Location: Title page

Original Text: "por" line before author names

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**Subject: Health Education, Grades 7–8**

**Program:** *Texas Health Skills for Middle School - Online Learning Suite*

**Component:** *SPANISH OT Habilidades de salud de Texas en la escuela intermedia*

ISBN: 9781683115373

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**Subject: Health I**

**Program: *Texas Health Skills for High School - Online Learning Suite HEALTH I***

**Component: *SPANISH OT Habilidades de salud de Texas en la escuela secundaria***

ISBN: 9781683115427

[Link to Current Content](#)

Current Page Number(s): 459

Location: Tratar consumo, adicción y uso indebido de sustancias, first paragraph

Original Text: Algunos recursos comunitarios, como los refugios relacionados con problemas de consumo, ofrecen un espacio seguro y asesoramiento.

Updated Text: Algunos recursos comunitarios, como los refugios relacionados con problemas de consumo, ofrecen un espacio seguro y asesoramiento. La información sobre espacios seguros, obtener ayuda y denunciar comportamientos relacionados con las drogas puede ayudar a las personas con un trastorno por uso de sustancias. Diseñar una campaña de información de salud pública sobre estos temas puede generar conciencia para mejorar los comportamientos de salud.

**Component: *Texas Health Skills for High School Student Edition***

ISBN: 9781683115311

[Link to Current Content](#)

Current Page Number(s): 465

Location: Hands-On Skills Activity

Original Text: Using your comic, create a public health information campaign about the dangers of medication and drug abuse. Your campaign might take the form of an audio recording or short film. In your campaign, summarize the story of your fictional teen and identify the consequences this teen experienced. Include information about getting help, reporting drug-related behavior, and safe havens.

Updated Text: Using your comic, create a public health information campaign about the dangers of medication and drug abuse, safe havens, getting help, and reporting drug-related behaviors. Your campaign might take the form of an audio recording or short film. In your campaign, summarize the story of your fictional teen and identify the consequences this teen experienced. The goal of your campaign should be to spread awareness and improve health behaviors.

**Component: *SPANISH OT Habilidades de salud de Texas en la escuela secundaria***

ISBN: 9781683115427

[Link to Current Content](#)

Current Page Number(s): 465

Location: Actividad de habilidades prácticas

Original Text: Utilizando tu cómic, crea una campaña de información de salud pública sobre los peligros del abuso de medicamentos y drogas. Tu campaña puede ser mediante una grabación de audio o un cortometraje. En tu campaña, resume la historia de tu adolescente ficticio e identifica las consecuencias que experimentó este adolescente. Incluye información sobre cómo recibir ayuda, denunciar comportamientos relacionados con las drogas y lugares seguros.

Updated Text: Utilizando tu cómic, crea una campaña de información de salud pública sobre los peligros del abuso de medicamentos y drogas, los espacios seguros, obtener la ayuda y denunciar comportamientos relacionados con las drogas. Tu campaña puede ser mediante una grabación de audio o un cortometraje. En tu campaña, resume la historia de tu adolescente ficticio e identifica las consecuencias que experimentó este adolescente. El objetivo de su campaña debe ser difundir la conciencia y mejorar los comportamientos relacionados con la salud.

**Component: *Texas Health Skills for High School Student Edition***

ISBN: 9781683115311

[Link to Current Content](#)

Current Page Number(s): 512

Location: Chapter 14 Skills Assessment, Critical Thinking Skills #12

Original Text: What strategies for choosing or returning to abstinence would work best for you? Why? Identify a trusted adult who could support you in your decision.

Updated Text: What strategies for choosing or returning to abstinence would work best for you? Why? Identify a trusted adult who could support you in your decision. What strategies could you use to build peer support for your decision?

**Component: *SPANISH OT Habilidades de salud de Texas en la escuela secundaria***

ISBN: 9781683115427

[Link to Current Content](#)

Current Page Number(s): 512

Location: Capítulo 14 Evaluación de habilidades, Habilidades de pensamiento crítico #12

Original Text: ¿Qué estrategias para elegir o volver a la abstinencia te funcionarían mejor? ¿Por qué? Identifica a un adulto de confianza que pueda apoyarte en tu decisión.

Updated Text: ¿Qué estrategias para elegir o volver a la abstinencia te funcionarían mejor? ¿Por qué? Identifica a un adulto de confianza que pueda apoyarte en tu decisión. ¿Qué estrategias podría utilizar para generar apoyo de pares para su decisión?

**Component: *Texas Health Skills for High School Student Edition***

ISBN: 9781683115311

[Link to Current Content](#)

Current Page Number(s): 531

Location: Sexual Assault section

Original Text: indecency with a child

Updated Text: indecency with a child, which includes any sexual contact with a child or inappropriate exposure

**Component: *SPANISH OT Habilidades de salud de Texas en la escuela secundaria***

ISBN: 9781683115427

[Link to Current Content](#)

Current Page Number(s): 531

Location: Agresión sexual section

Original Text: indecencia con un niño

Updated Text: indecencia con un niño, que incluye cualquier contacto sexual con un niño o exposición inapropiada

**Component: *Texas Health Skills for High School Student Edition***

ISBN: 9781683115311

[Link to Current Content](#)

Current Page Number(s): 765

Location: Real World Health Skills

Original Text: Using this textbook and outside valid and reliable resources, list the rights and responsibilities of a noncustodial parent, according to the laws in your state. Then, design an educational brochure outlining these rights and responsibilities. Include websites and resources a noncustodial parent could view for additional information.

Updated Text: Using this textbook and outside valid and reliable resources, analyze the rights and responsibilities of all parties involved in teen parenthood, according to the laws in your state. Then, design an educational brochure outlining these rights and responsibilities. Include websites and resources a parent could view for additional information.

**Component: *SPANISH OT Habilidades de salud de Texas en la escuela secundaria***

ISBN: 9781683115427

[Link to Current Content](#)

Current Page Number(s): 765

Location: Mundo Real Habilidades sobre salud

Original Text: Usando este libro de texto y recursos externos válidos y confiables, enumera los derechos y responsabilidades de un padre sin custodia, de acuerdo con las leyes de tu estado. Luego, diseña un folleto educativo que describa estos derechos y responsabilidades. Incluye sitios web y recursos que un padre sin custodia podría ver para obtener información adicional.

Updated Text: Usando este libro de texto y recursos externos válidos y confiables, analice los derechos y responsabilidades todas de las partes involucradas en la paternidad adolescente, de acuerdo con las leyes de tu estado. Luego, diseña un folleto educativo que describa estos derechos y responsabilidades. Incluye sitios web y recursos que un padre podría ver para obtener información adicional.

**Component: *Texas Health Skills for High School Instructor's Edition***

ISBN: 9781683115403

[Link to Current Content](#)

Current Page Number(s): ii

Location: Copyright page

Original Text: Manufactured in the United States of America

Updated Text: Removed the line "Manufactured in the United States of America"

**Component: *Texas Health Skills for High School Instructor's Edition***

ISBN: 9781683115403

[Link to Current Content](#)

Current Page Number(s): ie2

Location: Copyright page

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Updated Text: Removed the line "Manufactured in the United States of America"

**Component: *Texas Health Skills for High School Instructor's Edition***

ISBN: 9781683115403

[Link to Current Content](#)

Current Page Number(s): 459

Location: Treating Substance Use, Addiction, and Misuse, first paragraph

Original Text: Some community resources, such as drug-related safe havens, offer a safe space and counseling.

Updated Text: Some community resources, such as drug-related safe havens, offer a safe space and counseling. Information about safe havens, getting help, and reporting drug-related behaviors can help people with a substance use disorder. Designing a public health information campaign about these topics can spread awareness to improve health behaviors.

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ISBN: 9781683115403

[Link to Current Content](#)

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**Subject: Health II**

**Program: *Texas Health Skills for High School - Online Learning Suite HEALTH II***

**Component: *Texas Health Skills for High School Student Edition***

ISBN: 9781683115311

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Current Page Number(s): ie2

Location: Copyright page

Original Text: Manufactured in the United States of America

Updated Text: Removed the line "Manufactured in the United States of America"

## **Publisher: QuaverEd**

### **Subject: Health Education, Kindergarten**

#### **Program: *Quaver Health***

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-3.4 - Check-In (Short and Long-Term Goals) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M03-1 - What Is a Problem? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-4.4 - Be Like Zoop Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-1.2 - Listening Practice Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M05-3 - Controlling Myself Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepara Su Cuerpo Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-4.2 - Sleep is Amazing Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-3.5 - Short and Long-Term Goals (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-1.1 - What Is a Problem? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-4.5 - Quiz Challenge - K - Healthy Eating and Nutrition Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-1.3 - How Do You Show You're Listening (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-3.1 - Controlling Myself Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Jumpin' Jacks (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-4.3 - Healthy Me (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M08-1 - Helmets and Seatbelts Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-1.1 - Helmets and Seatbelts Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M03-4 - Explore - Getting Help with Online Safety Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-1.2 - What's the Problem? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M07-2 - Cold and Flu Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-1.4 - Listening Game Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-3.2 - I'm in Control Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Lunch Box Song (Connections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW OM01-1 - Introducing My Health, My Responsibility Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW OM04-4.4 - My Bedtime Routine Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW OM08-1.2 - Helmet or Seatbelt? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-4.1 - Explore - Getting Help with Online Safety Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-1.3 - Something's Not Working (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-2.1 - Cold and Flu Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-1.5 - Learning to Listen (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-3.3 - I Can Control (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

Updated Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-1.1 - Introducing My Health, My Responsibility Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-4.5 - Quiz Challenge - K - Healthy Practices and Hygiene Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-1.3 - Be Safe, Be Smart, Be Aware (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-4.2 - Keys to Online Safety Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-1.4 - Be a Problem Solver Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-2.2 - Germ-Finding Super-Gogs Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M02-2 - Making New Friends Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-3.4 - Self-Control Simon Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-1.2 - Picture of Health (Guessing Game Show) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M05-1 - What Are Emotions? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-1.3 - Healthy Me (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-1.1 - What Are Emotions? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-1.4 - Be a Safety Star Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-4.3 - Freeze! Think, Tell, Block, Stop! (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-1.5 - What Is a Problem (Reflections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-2.3 - The Kid vs. Germs (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-2.1 - Making New Friends Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-3.5 - Controlling Myself (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-1.4 - Health Tracker Introduction Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-1.2 - Emotion Soundboard Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-1.5 - Helmets and Seatbelts (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-4.4 - Help with Online Safety (Role-Play) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M03-2 - I Can Make it Better Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-2.4 - Germ Fighters Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-2.2 - How to Be a Good Friend Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M06-1 - Food and My Body Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-1.5 - Lesson Mindset (My Health, My Responsibility) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-1.3 - How I'm Feeling Today (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M08-4 - Introducing Head Lice Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-4.5 - Quiz Challenge - K - Responsible Decision Making Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-2.1 - I Can Make it Better Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-2.5 - Doctor, Doctor (Cold and Flu) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-2.3 - We Should Be Friends (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-1.1 - Food and My Body Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M01-3 - What Is Healthy Help? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-1.4 - Check-In (What Are Emotions?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-4.1 - Introducing Head Lice Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M04-3 - What Is Exercise? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-2.2 - What Do You Think? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M07-3 - Understanding Vaccines Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-2.4 - Check-In (Making New Friends) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-1.2 - What My Food Does Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-3.1 - What Is Healthy Help? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-1.5 - I Feel Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-4.2 - All About Head Lice Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-3.1 - What Is Exercise? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-2.3 - Make It Better (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-3.1 - Understanding Vaccines Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-2.5 - Making Friends (Reflections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-1.3 - The Healthy Eating Song (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M02-4 - Using Kind Words Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-1.4 - What's On My Plate? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-3.2 - Tell a Healthy Helper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M05-2 - When I Feel Worried Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-4.3 - Get Out and Stay Out (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-3.2 - Exercise or Not? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-2.4 - Can We Do It Better? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-3.2 - How Vaccines Work Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-4.1 - Using Kind Words Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-1.5 - Food Sorter (Food and My Body) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-3.3 - Healthy Helpers (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-2.1 - When I Feel Worried Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-4.4 - Matching Game (Head Lice) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-3.3 - Move and Groove (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-2.5 - I Can Make It Better (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-3.3 - Medicine (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-4.2 - Kind and Unkind Words Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M06-4 - Harmful Effects Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-3.4 - My Healthy Helpers Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-2.2 - What Is Worry? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-4.5 - Quiz Challenge - K - Safety and Accident Prevention Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-3.4 - Types of Exercise Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M03-3 - Discovering Short and Long-Term Goals Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-3.4 - Immune System Boosters Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-4.3 - Kind Words (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-4.1 - Harmful Effects Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-3.5 - QLibs (What Is Healthy Help?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-2.3 - No Worries (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Hot Potato Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-3.5 - What Is Exercise? (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-3.1 - Discovering Short and Long-Term Goals Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-3.5 - Doctor, Doctor (What are Vaccines?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-4.4 - Kindness is My Jam Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-4.2 - Zoop and Doop Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M02-1 - Learning to Listen Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-2.4 - Managing My Worries Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Papa Caliente Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M04-4 - Introducing the Importance of Sleep Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-3.2 - My Health Goals Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-4.5 - Quiz Challenge - K - Social Behavior Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-4.3 - Zoop's Healthy Choices Game Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-1.1 - Learning to Listen Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-2.5 - When I Feel Worried (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepare Your Body Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-4.1 - Introducing the Importance of Sleep Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-3.3 - Working on My Dreams (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Subject: Health Education, Grade 1**

**Program: *Quaver Health***

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M08-1 - Common Injuries Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-1.1 - What Is a Checkup? - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-1.3 - Happy (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M04-1 - Hygiene Skills - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Lunch Box Song (Connections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M01-4.2 - Emergency or Not? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-1.1 - Common Injuries Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-1.2 - What Do Healthy Helpers Do? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-1.4 - I'm Happy Jingle Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-1.1 - Hygiene Skills - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

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Current Page Number(s): N/A

Location: N/A

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Original Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

Updated Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M01-4.3 - Emergency (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M01-4.4 - Be an Emergency Hero Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-1.2 - Common Injury Safety Game Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-1.3 - Doctor or Dentist? (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-1.5 - Sharing Happiness (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-1.2 - Hygiene Hyjinks Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M01-4.5 - Quiz Challenge - 1 - General Health Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-1.3 - Be Safe, Be Smart, Be Aware (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-1.4 - What Happens at a Checkup? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M05-2 - Recognizing Stress Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-1.3 - Wash Our Hands (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M02-4 - Standing Up for Myself Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-1.5 - Common Injuries (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-1.5 - Checkup Chant Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-2.1 - Recognizing Stress Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-1.4 - Clean Up Your Act Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-2.4 - Brush It Off Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M02-4.1 - Standing Up for Myself Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M08-2 - What Is Personal Safety? - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

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Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M07-2 - Cold and Flu - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-2.2 - What Happened to Carlos? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-1.5 - QLibs (Hygiene Skills) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-2.5 - Dentist, Dentist (How to Brush) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M02-4.2 - Passive, Assertive, and Aggressive Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-2.1 - What Is Personal Safety? - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-2.2 - Germ-Finding Super-Gogs Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-2.3 - The Stress Song (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M04-2 - How to Brush Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-2.1 - How to Brush Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M04-3 - What is Exercise? - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M02-4.3 - Think Quick! (Standing Up for Myself) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-2.2 - Do We Have a Problem? (Safe or Unsafe) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-2.3 - The Kid vs. Germs (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-2.4 - Talk It Out Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-2.2 - Toothbrush Tips Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-3.1 - What is Exercise? - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M02-4.4 - Speak Up Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-2.3 - Safe or Unsafe Game Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-2.4 - Germ Fighters Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-2.5 - Recognizing Stress (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-2.3 - Brush Your Teeth (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-3.2 - Exercise or Not? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M02-4.5 - Quiz Challenge - 1 - Social Behavior Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-2.4 - Check-In (What Is Personal Safety - Going Deeper) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-2.5 - Doctor, Doctor (Cold and Flu) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M05-3 - Choosing a Positive Mindset Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-3.3 - Move and Groove (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M03-2 - Understanding What Worked Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-2.5 - Keeping It Real (What Is Personal Safety?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M07-4 - Staying Healthy - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-3.1 - Choosing a Positive Mindset Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-3.2 - Who's Going to Make It? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-3.4 - Types of Exercise Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M03-2.1 - Understanding What Worked Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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Current Page Number(s): N/A

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Hot Potato Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-4.1 - Staying Healthy - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-3.3 - Positive Mindset (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-3.5 - What Is Exercise? (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M03-2.2 - Understanding What Worked Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Papa Caliente Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-4.2 - What Went Wrong? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-3.4 - I Know I Can Do It Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M05-1 - Sharing Happiness Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M03-2.3 - Evaluate (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

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Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepare Your Body Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): HW 1M03-4.2

Location: Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

[Link to Updated Content](#)

Original Text: This activity reinforces strengthening the students' ability to respond effectively to unsafe online or in-person situations. Ask students to give examples of ways they interact with people on the internet. Remind them of the importance of staying safe online. Select a key and have students listen to how to stay safe online. [115.12.b.11.A.i; 115.14.b.12.B.i] Navigate to the next page and listen to each scenario. Have students discuss how they would respond. Review the different keys to staying safe online. At the end of the discussion, reveal the answer and have students compare their responses to the answer on the screen.1st Scenario. Ask students: What would you do if you were Raven? How do you think Raven's friend feels? Which one of the keys would you use in this situation? Remind students about the differences between teasing, joking, and cyberbullying. Explain the role of a bully and a bystander in a bullying situation. [115.12.b.11.A.i; 115.12.b.12.A.i-ii;115.13.b.13.A.i-ii; 115.13.b.13.C.i; 115.14.b.12.B.i; 115.16.b.14.B.i]Describe and discuss actions to take in response to bullying. [115.12.b.12.C.i]2nd Scenario. Ask students: What would you do if you were Javier? How do you think Javier feels? Which one of the keys would you use in this situation? Remind students about the importance of having a trusted adult present during digital usage. If an adult is not around and an adult online asks them to do something, they should seek immediate help from an adult they know. [115.14.b.12.B.i] Explain how to get help from a teacher, parent, or other trusted adult when made to feel bullied, uncomfortable, or unsafe in a digital or online environment. Ask for volunteers to demonstrate their strategies to get help. [115.13.b.12.A.i]3rd Scenario. Ask students: What would you do if you were Tamera? How do you think Tamera feels? Which one of the keys would you use in this situation? Tell students that they should never share their personal information with anyone without getting permission from a trusted adult in their home. [115.12.b.11.A.i; 115.14.b.12.B.i]

Updated Text: Screen: HW 1M03-4.2 - Keys to Online Safety Clarified Teacher Notes to accompany screen activity: This activity reinforces strengthening the students' ability to identify unsafe requests and how to respond effectively to unsafe digitally, online, or in-person situations and explain why obtaining help, especially from parents or other trusted adults when making decisions regarding online or digital use. Ask students to give examples of ways they interact with people on the internet. Remind them of the importance of staying safe online. Select the Play button to listen to Officer Levon. Tell students that parents or another trusted adult are crucial for helping them navigate online or digital situations because those adults can help determine what is safe and what it not. [115.14.b.12.B.i,ii ]Select a key and have students listen to how to stay safe online. [115.12.b.11.A.i] Navigate to the next page and listen to each scenario. Have students discuss how they would respond. Review the different keys to staying safe online. At the end of the discussion, reveal the answer and have students compare their responses to the answer on the screen. Then navigate to the next screen by selecting the arrow on the right of the screen.1st Scenario. Ask students: What would you do if you were Raven? Is this an unsafe request? (In this case, the answer is no. It is an unkind situation, but not unsafe.) How do you think Raven's friend feels? Which one of the keys would you use in this situation? Remind students about the differences between teasing, joking, and cyberbullying. Explain the role of a bully and a bystander in a bullying situation. [115.12.b.11.A.i; 115.12.b.12.A.i-ii;115.13.b.13.A.i-ii; 115.13.b.13.C.i; 115.14.b.12.A.i,ii; 115.16.b.14.B.i]Describe and discuss actions to take in response to bullying. (One appropriate action or response would be to tell and adult). [115.12.b.12.C.i]2nd Scenario. Ask students: What would you do if you were Javier? Is this an unsafe request? How do you think Javier feels? Which one of the keys would you use in this situation? [115.14.b.12.A.i,ii] Remind students about the importance of having a trusted adult present during digital usage. If an adult is not around and a person online makes an unsafe request like asking for personal information or asking them to meet somewhere, the appropriate action to take is to seek immediate help from an adult they know and trust. [115.14.b.12.B.i] Explain how to get help from a teacher, parent, or other trusted adult when made to feel bullied, uncomfortable, or unsafe in a digital or online environment. Ask for volunteers to demonstrate their strategies to get help. [115.13.b.12.A.i]3rd Scenario. Ask students: What would you do if you were Tamera? Is this an unsafe request? How do you think Tamera feels? Which one of the keys would you use in this situation? Tell students this is an unsafe request and that they should never share their personal information Tell students

that they should never share their personal information with anyone without getting permission from a trusted adult in their home. The appropriate action is to alert their trusted adult of this unsafe request immediately. [115.12.b.11.A.i; 115.14.b.12.B.i]

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-4.3 - Good Habits (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-3.5 - Choosing a Positive Mindset (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-1.1 - Sharing Happiness Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M03-2.4 - Evaluation Craft Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepara Su Cuerpo Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M01-4 - What Is an Emergency? - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-4.4 - Check-In (Staying Healthy - Going Deeper) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M07-1 - What Is a Checkup? - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-1.2 - Sharing Happiness Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M03-2.5 - Understanding What Worked (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Jumpin' Jacks (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M01-4.1 - What Is an Emergency? - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-4.5 - Quiz Challenge - 1 - Disease and Illness Prevention Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Subject: Health Education, Grade 2**

**Program: Quaver Health**

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-4.1 - What Does Sleep Do for Me? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M08-3 – Strangers Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-4.3 - Be Careful How You Use the Internet (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-3.1 - Use and Misuse of Medications Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M11-1.8 - Mosquitoes and Ticks Select each slide on the right side to navigate to through the screen. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-1.5 - Big and Small Problems (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-3.3 - Drink Your Water (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-3.1 - Building Relationships With Trusted Adults - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-3.5 - Choosing a Growth Mindset (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-3.3 - Healthy Helper (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-4.2 - Benefits of Sleep Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-3.1 - Strangers Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-4.4 - Wise Words Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-3.2 - Make the Healthy Choice Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): HW 3M05-2.2

Location: Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M05-2.2 - Controlling Stress (Managing My Stress) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M03-2 - Making Healthy Decisions Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-3.4 - Check-In (The Role Water Plays) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-3.2 - Trustful Relationships Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M05-4 - Identifying Strong Feelings Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-3.3 - Someone I Can Talk To (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-4.1 - Identifying Strong Feelings Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-3.4 - Why Get Healthy Help? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-4.3 - The Sleep Game Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-3.2 - Safe and Unsafe Strangers Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-4.5 - Quiz Challenge - 2 - Responsible Decision Making Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-3.4 - Medication Choices Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-3.2 - All About Medicine Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-2.1 - Making Healthy Decisions Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-3.5 - The Role Water Plays (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-3.4 - Who Ya Gonna Call? (Building Relationships With Trusted Adults) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-4.2 - Strong Feeling Sort Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-3.5 - This Or That (Finding The Right Healthy Helper) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-4.4 - Lesson Mindset (What Does Sleep Do for Me?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-3.3 - I Don't Talk to Strangers (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M04-2 - Brushing and Flossing Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-3.5 - QLibs (Use and Misuse of Medications) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-1.2 - Can You See What I Feel? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-2.2 - Making Healthy Choices Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M07-1 - What Happens at the Doctor? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-3.5 - Matching Game (Building Relationships with Trusted Adults) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-4.3 - Breathing Calms Me Down (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M01-4 - Reducing Emergency-Causing Hazards Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-4.5 - Quiz Challenge - 2 - Healthy Practices and Hygiene Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-3.4 - Stranger Smarts Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-2.1 - Brushing and Flossing Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M08-1 - Playground Safety Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-4.4 - Danger of Weapons Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-2.3 - All of These Choices (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-1.1 - What Happens at the Doctor? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M02-4 - Bullies, Bystanders, and Victims Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-4.4 - Check-In (Identifying Strong Feelings) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-4.1 - Reducing Emergency-Causing Hazards Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M05-1 - What My Feelings Mean Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-3.5 - Lesson Mindset (Strangers) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-2.2 - Finish with Floss Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-1.1 - Playground Safety Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M01-1 - Exploring My Health at School Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-2.4 - Check-In (Making Healthy Decisions) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-1.2 - What Happens At the Doctor (Video Tour) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-4.1 - Bullies, Bystanders, and Victims Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-4.5 - Quiz Challenge - 2 - Mental Health and Wellness Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-4.3 - Stronger and Safer (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-1.1 - What My Feelings Mean Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Hot Potato Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-2.3 - Brush Your Teeth (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-1.2 - Problem-Solving Super-Gogs (Playground Safety) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-1.1 - Exploring My Health at School Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-2.5 - Making Healthy Decisions (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-1.3 - Checkup Circuit (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M03-3 - Importance of Goal Setting Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-1.4 - Doctors on Duty Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-4.2 - Bullying Roles Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M06-2 - Explore - Making Nutritional Choices Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-4.4 - Emergency Prevention Sorter Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-1.2 - Real Feelings Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Papa Caliente Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-2.4 - Check-In (Brushing and Flossing) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-1.3 - Be Safe, Be Smart, Be Aware (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-1.2 - Health at School Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-3.1 - Importance of Goal Setting Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-1.5 - Doctor, Doctor (What Happens at the Doctor?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-4.3 - Bully, Bully Go Away (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-2.1 - Explore - Making Nutritional Choices Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-4.5 - Quiz Challenge - 2 - General Health Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-1.3 - I'm Not a Robot (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepare Your Body Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-2.5 - Brushing and Flossing (Futurizations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-1.4 - Check-In (Playground Safety) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-1.3 - Healthy Me (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-3.2 - Health Goals Road Map Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M07-2 - Introducing Disease Awareness Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-4.4 - The Four W's Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-2.2 - Finding Valid Nutrition Information Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M02-1 - Asking for Help Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-1.4 - Teach the Robot Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepara Su Cuerpo Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M04-3 - Discovering What Exercise is Right for Me Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-1.5 - Stay Safe At The Playground Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-1.4 - Health Tracker Introduction Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-1.5 - QLibs (My Health at School) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-3.3 - Get Motivated (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-2.1 - Introducing Disease Awareness Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-4.5 - Quiz Challenge - 2 - Social Behavior Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-2.3 - Healthy Choices (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-1.1 - Asking for Help Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-1.5 - What My Feelings Mean (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Jumpin' Jacks (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-3.1 - Discovering What Exercise is Right for Me Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M08-2 - Saying No in Risky Situations Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M01-3 - Why Do I Need Healthy Help? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-3.4 - Lesson Mindset (Importance of Goal Setting) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-2.2 - Ask a Doctor Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M03-1 - Problems Big and Small Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-2.4 - My Nutrition Promise Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-1.2 - Life-Saver Flow Chart Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M05-3 - Choosing a Growth Mindset Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Lunch Box Song (Connections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-3.2 - What Do I Like? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-2.1 - Saying No in Risky Situations Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-2.2 - Unsafe Situation Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-3.1 - Why Do I Need Healthy Help? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-3.5 - Importance of Goal Setting (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-2.3 - Healthy America (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-1.1 - Problems Big and Small Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-2.5 - This or That (Making Nutritional Choices) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-1.3 - Everybody Needs a Little Help (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-3.1 - Choosing a Growth Mindset Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

Updated Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-3.3 - Move and Groove (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-3.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-2.3 - Practicing Refusal Skills (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-3.2 - Healthy Help in My Community Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M03-4 - Introduce - Communicating Online Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-2.4 - Personal Prevention Practices Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-1.2 - Two Kinds of Problems Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M06-3 - The Role Water Plays Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-1.4 - Do They Need Help? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-3.2 - Tug of Mindset Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-3.5 - QLibs (What Exercise is Right for Me?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-2.4 - Keeping It Real (Saying No in Risky Situations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-4.1 - Introduce - Communicating Online Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-2.5 - Symptom Sorting Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): HW 1M03-4.2

Location: Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

[Link to Updated Content](#)

Original Text: This activity reinforces strengthening the students' ability to respond effectively to unsafe online or in-person situations. Ask students to give examples of ways they interact with people on the internet. Remind them of the importance of staying safe online. Select a key and have students listen to how to stay safe online. [115.12.b.11.A.i; 115.14.b.12.B.i] Navigate to the next page and listen to each scenario. Have students discuss how they would respond. Review the different keys to staying safe online. At the end of the discussion, reveal the answer and have students compare their responses to the answer on the screen.1st Scenario. Ask students: What would you do if you were Raven? How do you think Raven's friend feels? Which one of the keys would you use in this situation? Remind students about the differences between teasing, joking, and cyberbullying. Explain the role of a bully and a bystander in a bullying situation. [115.12.b.11.A.i; 115.12.b.12.A.i-ii;115.13.b.13.A.i-ii; 115.13.b.13.C.i; 115.14.b.12.B.i; 115.16.b.14.B.i]Describe and discuss actions to take in response to bullying. [115.12.b.12.C.i]2nd Scenario. Ask students: What would you do if you were Javier? How do you think Javier feels? Which one of the keys would you use in this situation? Remind students about the importance of having a trusted adult present during digital usage. If an adult is not around and an adult online asks them to do something, they should seek immediate help from an adult they know. [115.14.b.12.B.i] Explain how to get help from a teacher, parent, or other trusted adult when made to feel bullied, uncomfortable, or unsafe in a digital or online environment. Ask for volunteers to demonstrate their strategies to get help. [115.13.b.12.A.i]3rd Scenario. Ask students: What would you do if you were Tamera? How do you think Tamera feels? Which one of the keys would you use in this situation? Tell students that they should never share their personal information with anyone without getting permission from a trusted adult in their home. [115.12.b.11.A.i; 115.14.b.12.B.i]

Updated Text: Screen: HW 1M03-4.2 - Keys to Online Safety Clarified Teacher Notes to accompany screen activity: This activity reinforces strengthening the students' ability to identify unsafe requests and how to respond effectively to unsafe digitally, online, or in-person situations and explain why obtaining help, especially from parents or other trusted adults when making decisions regarding online or digital use. Ask students to give examples of ways they interact with people on the internet. Remind them of the importance of staying safe online. Select the Play button to listen to Officer Levon. Tell students that parents or another trusted adult are crucial for helping them navigate online or digital situations because those adults can help determine what is safe and what it not. [115.14.b.12.B.i,ii] Select a key and have students listen to how to stay safe online. [115.12.b.11.A.i] Navigate to the next page and listen to each scenario. Have students discuss how they would respond. Review the different keys to staying safe online. At the end of the discussion, reveal the answer and have students compare their responses to the answer on the screen. Then navigate to the next screen by selecting the arrow on the right of the screen.1st Scenario. Ask students: What would you do if you were Raven? Is this an unsafe request? (In this case, the answer is no. It is an unkind situation, but not unsafe.) How do you think Raven's

friend feels? Which one of the keys would you use in this situation? Remind students about the differences between teasing, joking, and cyberbullying. Explain the role of a bully and a bystander in a bullying situation. [115.12.b.11.A.i; 115.12.b.12.A.i-ii; 115.13.b.13.A.i-ii; 115.13.b.13.C.i; 115.14.b.12.A.i,ii; 115.16.b.14.B.i] Describe and discuss actions to take in response to bullying. (One appropriate action or response would be to tell and adult). [115.12.b.12.C.i] 2nd Scenario. Ask students: What would you do if you were Javier? Is this an unsafe request? How do you think Javier feels? Which one of the keys would you use in this situation? [115.14.b.12.A.i,ii] Remind students about the importance of having a trusted adult present during digital usage. If an adult is not around and a person online makes an unsafe request like asking for personal information or asking them to meet somewhere, the appropriate action to take is to seek immediate help from an adult they know and trust. [115.14.b.12.B.i] Explain how to get help from a teacher, parent, or other trusted adult when made to feel bullied, uncomfortable, or unsafe in a digital or online environment. Ask for volunteers to demonstrate their strategies to get help. [115.13.b.12.A.i] 3rd Scenario. Ask students: What would you do if you were Tamera? Is this an unsafe request? How do you think Tamera feels? Which one of the keys would you use in this situation? Tell students this is an unsafe request and that they should never share their personal information. Tell students that they should never share their personal information with anyone without getting permission from a trusted adult in their home. The appropriate action is to alert their trusted adult of this unsafe request immediately. [115.12.b.11.A.i; 115.14.b.12.B.i]

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-1.3 - Big or Small (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-3.1 - The Role Water Plays Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-1.5 - Asking for Help (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-3.3 - The Mindset Battle (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M04-4 - What Does Sleep Do for Me? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-2.5 - QLibs (Saying No in Risky Situations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-4.2 - Tech Talk (Communicating Online) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M07-3 - Use and Misuse of Medications Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-3.2 - Health Goals Road Map Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-1.4 - Solve the Problems Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-3.2 - All About Water Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M02-3 - Building Relationships With Trusted Adults - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-3.4 - Mindset Blaster Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Subject: Health Education, Grade 3**

**Program: *Quaver Health***

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M02-4.3 - Stand Up for Yourself (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-3.1 - Avoiding Misuse of Medications Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-3.2 - All About Medicine Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-2.3 - Healthy Choices (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-4.5 - Quiz Challenge - 3 - Healthy Practices and Hygiene Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-1.1 - Consequences of Poor Hygiene - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-2.5 - QLibs (Saying No in Risky Situations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M02-4.4 - Speaking Assertively Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-3.2 - All About Medicine Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M01-2 - Cultural Influences on Health Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-2.4 - My Nutrition Promise Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M05-3 - Overcoming My Weaknesses Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-1.2 - Hygiene Benefits Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M08-4 - Safety with Spiders and Insects - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M02-4.5 - Quiz Challenge - 3 - Social Behavior Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-3.3 - Medicine (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-2.1 - Cultural Influences on Health Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-2.5 - This or That (Making Nutritional Choices) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M05-3.1 - Overcoming My Weaknesses Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-1.3 - Feelin' Fresh Every Day (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-4.1 - Safety with Spiders and Insects - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M03-1 - Evaluating Solutions and Consequences Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-3.4 - Say No to the Misuse Monster Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-2.2 - Family and Cultural Traditions (Health-O-Meter) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M06-3 - The Role Water Plays - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M05-3.2 - Accept, Ask, Share Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-1.4 - My Personal Hygiene Plan Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-4.2 - All About Spiders and Insects Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-1.1 - Evaluating Solutions and Consequences Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-3.5 - Do What's Right (Avoiding Misuse of Medications) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-2.3 - Get Together and Move (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-3.1 - The Role Water Plays - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M05-3.3 - I'll Get Through It (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-1.5 - Missing Habits Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-4.3 - Gonna Catch You! (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M04-2 - Brushing and Flossing - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-4.4 - Spider and Insect Sorter Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-1.2 - The Situations Report Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M08-1 - Water Safety Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-2.4 - Family Traditions - Upgrade Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-3.2 - All About Water Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M05-3.4 - The Road to Strength Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-2.1 - Brushing and Flossing - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-4.5 - Quiz Challenge - 3 - Safety and Accident Prevention Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-1.3 - Break Down (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-1.1 - Water Safety Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-2.5 - This or That (Cultural Influences on Health) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-3.3 - Balance and Nutrition (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M05-3.5 - Overcoming My Weaknesses (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-2.2 - Finish with Floss Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Hot Potato Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-1.4 - Breaking News: Situations Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-1.2 - Problem-Solving Super-Gogs (Water Safety) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M01-4 - Reducing Emergency-Causing Hazards - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-3.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M06-1 - The Role of Vitamins and Minerals - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-2.3 - Brush Your Teeth (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Papa Caliente Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-1.5 - Breaking Down Situations (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-1.3 - Be Safe, Be Smart, Be Aware (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-4.1 - Reducing Emergency-Causing Hazards - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-3.5 - The Role Water Plays (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-1.1 - The Role of Vitamins and Minerals - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-2.4 - Lesson Mindset (Brushing and Flossing - Going Deeper) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepare Your Body Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M03-2 - Setting My Intentions Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-1.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-4.2 - Identify the Hazard Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M07-1 - What Happens at the Doctor? - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-1.2 - Major Vitamins and Minerals Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-1.3 - Nutrients (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-2.5 - Brushing and Flossing (Futurizations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepara Su Cuerpo Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-2.1 - Setting My Intentions Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-1.5 - Safe and Unsafe Water Play Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-4.3 - Emergency (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-1.1 - What Happens at the Doctor? - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-1.4 - Lesson Mindset (The Role of Vitamins and Minerals) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M04-4 - What Does Sleep Do for Me? - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Jumpin' Jacks (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-2.2 - Intention for My Day Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M08-2 - Saying No in Risky Situations - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-4.4 - Emergency Prevention Sorter Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-1.2 - What Happens At the Doctor (Video Tours) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-1.5 - Food Sorter (Vitamins and Minerals) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-4.1 - What Does Sleep Do for Me? - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Lunch Box Song (Connections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-2.3 - Set My Course (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-2.1 - Saying No in Risky Situations - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-4.5 - Quiz Challenge - 3 - General Health Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-1.3 - Checkup Circuit (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M06-2 - Making Nutritional Choices Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-4.2 - Benefits of Sleep Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

Updated Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-2.4 - Set My Course (Analyze the Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-2.2 - Unsafe Situation Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M02-4 - Assertiveness and Bullying Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-1.4 - Doctors on Duty Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-2.1 - Making Nutritional Choices Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-4.3 - The Sleep Game Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-2.5 - Setting My Intentions (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-2.3 - Practicing Refusal Skills (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M02-4.1 - Assertiveness and Bullying Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-1.5 - What Happens at the Doctor? Going Deeper (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): HW 3M05-2.2

Location: Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M05-2.2 - Controlling Stress (Managing My Stress) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-2.2 - Finding Valid Nutrition Information Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-4.4 - Lesson Mindset (What Does Sleep Do for Me?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M04-1 - Consequences of Poor Hygiene - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-2.4 - Keeping It Real (Saying No in Risky Situations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M02-4.2 - Three Voices Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M07-3 - Avoiding Misuse of Medications Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Subject: Health Education, Grade 4**

**Program: *Quaver Health***

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-3.1 - Healthy and Unhealthy Influences - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-4.3 - Think Quick! (Preventing An Emergency) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-4.2 - Bedtime Basics Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-1.4 - Safety Pledge Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-1.2 - Can You See What I Feel? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-1.3 - Feelin' Fresh Every Day (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-4.5 - Quiz Challenge - 4 - Mental Health and Wellness Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-1.5 - Learning from Situations (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-3.2 - Battle of the Influences Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-4.4 - Making Safe Decisions Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-4.3 - Pillow Fort Defenders (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-1.5 - Topic Discussion (Advocating for Accident Prevention) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M01-1 - Health in My Community Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-1.4 - My Healthy Habits Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M06-1 - Introducing Food Labels Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M03-3 - Steps to Achieving My Goal Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-3.3 - Move and Discuss (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-4.5 - Quiz Challenge - 4 - General Health Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-4.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M08-4 - Understanding Dangers of Guns and Other Weapons Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-1.1 - Health in My Community Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-1.5 - Healthy Habits Can Help Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-1.1 - Introducing Food Labels Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-3.1 - Steps to Achieving My Goal Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-3.2 - Goals Checklist Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-3.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M02-1 - Reading Body Language Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-4.5 - Quiz Challenge - 4 - Healthy Practices and Hygiene Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-4.1 - Understanding Dangers of Guns and Other Weapons Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-1.2 - Helpers in My Community Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M04-2 - Exploring Lifetime Benefits of Healthy Teeth Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-1.2 - Reading Food Labels Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-3.3 - Working on My Dreams (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-3.5 - QLibs (Healthy and Unhealthy Influences) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-1.1 - Reading Body Language Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M05-2 - When I Feel Anxious Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-4.2 - Know the Facts (Dangers of Guns) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-1.3 - Helping Your Community (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-2.1 - Exploring Lifetime Benefits of Healthy Teeth Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-1.4 - What's Really In Your Food? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-1.5 - QLibs (Food Labels) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-3.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M05-3 - Improving Myself Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M02-4 - Standing Up for Others Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-1.2 - Can You See What I Feel? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-2.1 - When I Feel Anxious Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-4.3 - I Spy (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-1.4 - Health Tracker Introduction (Journal) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-2.2 - Molar Movies Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M06-2 - Negative Effects of Food Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-3.5 - Long-Term Goals Cafe Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-3.1 - Improving Myself Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-4.1 - Standing Up for Others Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-1.3 - I See How You're Feeling (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-2.2 - All About Anxious Feelings Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-4.4 - Dangers of Weapons Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-1.5 - This or That (Health in My Community) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-2.3 - Practicing Self-Discipline (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-2.1 - Negative Effects of Food Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M03-4 - Sharing Information Online Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-3.2 - Improve Myself Every Day Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-4.2 - Whose Side Are You On? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-1.4 - Project Emotion-Way Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-2.3 - Nerves (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-4.5 - Weapon Safety Chant Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M01-2 - Discover - Managing My Health Influences Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-2.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-2.5 - Dentist, Dentist (Lifetime Benefits of Healthy Teeth) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-2.2 - Effects of Certain Foods and Ingredients Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-4.1 - Sharing Information Online Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-3.3 - Working Towards a Better Me (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-4.3 - Speak Up (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-1.5 - Reading Body Language (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-2.4 - Coping Corners Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Hot Potato Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-2.1 - Discover - Managing My Health Influences Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-2.2 - What Influences Mateo? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M04-3 - Exercise and My Well-Being Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-2.3 - Food Reactions (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-4.2 - What Is Okay To Say? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-3.4 - Journaling Center Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-4.4 - You Have the Power Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M02-2 - Respecting Individual Differences Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-2.5 - When I Feel Anxious (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Papa Caliente Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-2.3 - Four Dimensions of Health (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-3.1 - Exercise and My Well-Being Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-2.4 - Nutritious Substitutions Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-4.3 - Be Careful How You Use the Internet (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-3.5 - Improving Myself (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-4.5 - Quiz Challenge - 4 - Social Behavior Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-2.1 - Respecting Individual Differences Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepare Your Body Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepara Su Cuerpo Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-2.4 - Decision Machine (Managing My Health Influences) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-3.2 - Health Benefits of Exercise Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-2.5 - Train the Brain (Negative Effects of Food) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-4.4 - Lesson Mindset (Sharing Information Online) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M05-4 - Expressing Empathy Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M03-1 - Learning from Situations Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-2.2 - Let's Connect Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Jumpin' Jacks (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-2.5 - QLibs (Managing My Health Influences) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-3.4 - True or False? (Exercise and My Well-Being) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M08-1 - Introduce - Advocating for Accident Prevention Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-4.5 - Quiz Challenge - 4 - Responsible Decision Making Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-4.1 - Expressing Empathy Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-1.1 - Learning From Situations Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-2.3 - You-Nique (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Lunch Box Song (Connections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M01-4 - Preventing an Emergency Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-3.5 - Exercise and My Well-Being (Futurizations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-1.1 - Introduce - Advocating for Accident Prevention Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M04-1 - Creating Healthy Habits Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-4.2 - Letting Your Empathy Show Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-1.2 - Sonder and Ben Meet Captain Rewind (Story) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-2.4 - My Personality Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-2.5 - I Am Unique Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

Updated Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-4.1 - Preventing an Emergency Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M04-4 - Setting Sleep Routines Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-1.2 - Reduce the Risks Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-1.1 - Creating Healthy Habits Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-4.3 - Feel the Same Way (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-1.3 - Trial Run (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M02-3 - Healthy and Unhealthy Influences - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-4.2 - Anticipating Emergencies Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-4.1 - Setting Sleep Routines Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-1.3 - Prevent, Respond, and Hazards (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-1.2 - Healthy Habits at Home and School Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-4.4 - Kind Minds Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-1.4 - Analyze the Story: Sonder and Ben Meet Captain Rewind Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Subject: Health Education, Grade 5**

**Program: *Quaver Health***

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-2.1 - Consequences of Stress Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-3.2 - Health Benefits of Exercise Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-2.4 - Diversity Circles Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-2.3 - The Boundary Game Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M05-3 - Using My Strengths to Help Others Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-3.4 - True or False? (Exercise and My Well-Being) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-2.5 - Appreciating Diversity (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-4.4 - Danger of Weapons Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-2.4 - Saying No Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-3.1 - Using My Strengths to Help Others Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-3.5 - Exercise and My Well-Being (Futurizations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M02-4 - Conflict or Bullying? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M01-1 - Planning My Healthy Future Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-2.5 - Setting Personal Boundaries (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-3.2 - What Makes a Big Heart Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M04-4 - Setting Sleep Routines - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-4.1 - Conflict or Bullying? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-1.1 - Planning My Healthy Future Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M08-4 - Dangers of Guns and Other Weapons Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-1.4 - Health Tracker Introduction (Journal) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-4.1 - Dangers of Guns and Other Weapons Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-3.3 - Big-Hearted People (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-4.1 - Setting Sleep Routines - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-4.2 - What's the Difference? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-1.5 - Planning My Healthy Future (Futurizations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-4.2 - Know the Facts (Dangers of Guns) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-3.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-4.2 - Bedtime Basics Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-4.3 - Discussion Defenders (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M01-4 - Creating an Emergency Plan Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-4.3 - I Spy (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-3.5 - Using My Strengths to Help Others (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-4.3 - Pillow Fort Defenders (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-4.4 - Conflict or Bullying: You Decide (Story) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-4.1 - Creating an Emergency Plan Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-4.4 - Danger of Weapons Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M06-3 - Nutritional Goals - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-4.4 - My Sleep Promise Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-4.5 - Quiz Challenge - 5 - Social Behavior Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-4.2 - Emergency Action Plan Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-4.5 - Weapon Safety Chant Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M06-3.1 - Nutritional Goals - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-4.5 - Quiz Challenge - 5 - Healthy Practices and Hygiene Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M04-1 - Creating Healthy Habits - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-1.1 - Creating Healthy Habits - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-4.3 - Be Ready (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Hot Potato Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M06-3.2 - Nutritional Goals Checklist Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M05-1 - When to Ask for Help Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-1.2 - Healthy Habits at Home and School Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-4.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Papa Caliente Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M06-3.3 - Working Towards a Better Me (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-1.1 - When to Ask for Help Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-1.3 - Feelin' Fresh Every Day (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-4.5 - Quiz Challenge - 5 - General Health Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepare Your Body Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M06-3.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-1.2 - Warning Signs Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-1.4 - My Healthy Habits Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M02-2 - Appreciating Diversity Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepara Su Cuerpo Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M06-3.5 - Nutritional Goals (Futurizations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-1.3 - Reach Out (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-1.5 - Healthy Habits Can Help Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-2.1 - Appreciating Diversity Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Jumpin' Jacks (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M08-2 - Setting Personal Boundaries - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-1.4 - S.T.A.R. Support Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-1.5 - When to Ask for Help (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M04-3 - Exercise and My Well-Being - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-2.2 - Diversity Diner Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Lunch Box Song (Connections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-2.1 - Setting Personal Boundaries - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M05-2 - Consequences of Stress Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-3.1 - Exercise and My Well-Being - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-2.3 - Who We Are (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

Updated Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-2.2 - Personal Boundaries Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

## **Subject: Physical Education, Kindergarten**

### **Program: *Quaver Health***

#### **Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-3.1 - What Is Healthy Help? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

#### **Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-1.5 - I Feel Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

#### **Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-4.2 - All About Head Lice Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-3.1 - What Is Exercise? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-2.4 - Germ Fighters Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-2.3 - Make It Better (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-2.5 - Making Friends (Reflections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-1.3 - The Healthy Eating Song (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-3.2 - Tell a Healthy Helper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M05-2 - When I Feel Worried Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-4.3 - Get Out and Stay Out (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-3.2 - Exercise or Not? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-2.5 - Doctor, Doctor (Cold and Flu) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-2.4 - Can We Do It Better? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M02-4 - Using Kind Words Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-1.4 - What's On My Plate? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-3.3 - Healthy Helpers (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-2.1 - When I Feel Worried Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-4.4 - Matching Game (Head Lice) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-3.3 - Move and Groove (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M07-3 - Understanding Vaccines Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-2.5 - I Can Make It Better (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-4.1 - Using Kind Words Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-3.4 - My Healthy Helpers Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-2.2 - What Is Worry? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-4.5 - Quiz Challenge - K - Safety and Accident Prevention Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-3.4 - Types of Exercise Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-3.1 - Understanding Vaccines Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M03-3 - Discovering Short and Long-Term Goals Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-4.2 - Kind and Unkind Words Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-3.5 - QLibs (What Is Healthy Help?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-2.3 - No Worries (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Hot Potato Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-3.5 - What Is Exercise? (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-3.2 - How Vaccines Work Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-3.1 - Discovering Short and Long-Term Goals Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-4.3 - Kind Words (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-4.4 - Kindness is My Jam Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M02-1 - Learning to Listen Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-2.4 - Managing My Worries Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Papa Caliente Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M04-4 - Introducing the Importance of Sleep Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-3.3 - Medicine (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-3.2 - My Health Goals Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-1.5 - Food Sorter (Food and My Body) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-4.5 - Quiz Challenge - K - Social Behavior Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-1.1 - Learning to Listen Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-2.5 - When I Feel Worried (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepare Your Body Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-4.1 - Introducing the Importance of Sleep Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-3.4 - Immune System Boosters Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-3.3 - Working on My Dreams (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M06-4 - Harmful Effects Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-4.1 - Harmful Effects Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M03-1 - What Is a Problem? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-1.2 - Listening Practice Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M05-3 - Controlling Myself Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepara Su Cuerpo Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-4.2 - Sleep is Amazing Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-3.5 - Doctor, Doctor (What are Vaccines?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-3.4 - Check-In (Short and Long-Term Goals) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-4.2 - Zoop and Doop Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-1.1 - What Is a Problem? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-1.3 - How Do You Show You're Listening (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-3.1 - Controlling Myself Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Jumpin' Jacks (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-4.3 - Healthy Me (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M08-1 - Helmets and Seatbelts Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-3.5 - Short and Long-Term Goals (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-4.3 - Zoop's Healthy Choices Game Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-1.2 - What's the Problem? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-1.4 - Listening Game Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-3.2 - I'm in Control Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Lunch Box Song (Connections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M01-1 - Introducing My Health, My Responsibility Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-4.4 - My Bedtime Routine Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-1.1 - Helmets and Seatbelts Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M03-4 - Explore - Getting Help with Online Safety Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-4.1 - Explore - Getting Help with Online Safety Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-4.4 - Be Like Zoop Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-1.3 - Something's Not Working (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-1.5 - Learning to Listen (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-3.3 - I Can Control (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

Updated Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-1.1 - Introducing My Health, My Responsibility Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M04-4.5 - Quiz Challenge - K - Healthy Practices and Hygiene Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-1.2 - Helmet or Seatbelt? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-4.2 - Keys to Online Safety Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-4.5 - Quiz Challenge - K - Healthy Eating and Nutrition Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-1.4 - Be a Problem Solver Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M02-2 - Making New Friends Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-3.4 - Self-Control Simon Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-1.2 - Picture of Health (Guessing Game Show) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M05-1 - What Are Emotions? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-1.3 - Be Safe, Be Smart, Be Aware (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-1.4 - Be a Safety Star Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-4.3 - Freeze! Think, Tell, Block, Stop! (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M07-2 - Cold and Flu Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-1.5 - What Is a Problem (Reflections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-2.1 - Making New Friends Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-3.5 - Controlling Myself (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-1.3 - Healthy Me (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-1.1 - What Are Emotions? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-1.5 - Helmets and Seatbelts (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-4.4 - Help with Online Safety (Role-Play) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-2.1 - Cold and Flu Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M03-2 - I Can Make it Better Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-2.2 - How to Be a Good Friend Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M06-1 - Food and My Body Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-1.4 - Health Tracker Introduction Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-1.2 - Emotion Soundboard Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M08-4 - Introducing Head Lice Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-4.5 - Quiz Challenge - K - Responsible Decision Making Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-2.2 - Germ-Finding Super-Gogs Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-2.1 - I Can Make it Better Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-2.3 - We Should Be Friends (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-1.1 - Food and My Body Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M01-1.5 - Lesson Mindset (My Health, My Responsibility) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-1.3 - How I'm Feeling Today (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M05-1.4 - Check-In (What Are Emotions?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M08-4.1 - Introducing Head Lice Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M04-3 - What Is Exercise? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M07-2.3 - The Kid vs. Germs (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M03-2.2 - What Do You Think? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M02-2.4 - Check-In (Making New Friends) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 0M06-1.2 - What My Food Does Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 0M01-3 - What Is Healthy Help? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

## **Subject: Physical Education, Grade 1**

### **Program: *Quaver Health***

#### **Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-3.2 - Exercise or Not? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

#### **Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M03-2.4 - Evaluation Craft Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

#### **Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-2.4 - Check-In (What Is Personal Safety - Going Deeper) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-2.5 - Doctor, Doctor (Cold and Flu) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M01-4.3 - Emergency (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M05-3 - Choosing a Positive Mindset Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-3.3 - Move and Groove (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M03-2.5 - Understanding What Worked (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-2.5 - Keeping It Real (What Is Personal Safety?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M07-4 - Staying Healthy - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M01-4.4 - Be an Emergency Hero Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-3.1 - Choosing a Positive Mindset Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-3.4 - Types of Exercise Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M04-1 - Hygiene Skills - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Hot Potato Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-4.1 - Staying Healthy - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M01-4.5 - Quiz Challenge - 1 - General Health Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-3.2 - Who's Going to Make It? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-3.5 - What Is Exercise? (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-1.1 - Hygiene Skills - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Papa Caliente Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-4.2 - What Went Wrong? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M02-4 - Standing Up for Myself Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-3.3 - Positive Mindset (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M05-1 - Sharing Happiness Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-1.2 - Hygiene Hyjinks Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepare Your Body Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-4.3 - Good Habits (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M02-4.1 - Standing Up for Myself Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-3.4 - I Know I Can Do It Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-3.5 - Choosing a Positive Mindset (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-1.1 - Sharing Happiness Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-1.3 - Wash Our Hands (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepara Su Cuerpo Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-4.4 - Check-In (Staying Healthy - Going Deeper) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M02-4.2 - Passive, Assertive, and Aggressive Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M07-1 - What Is a Checkup? - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-1.2 - Sharing Happiness Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-1.4 - Clean Up Your Act Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Jumpin' Jacks (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-4.5 - Quiz Challenge - 1 - Disease and Illness Prevention Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-1.1 - What Is a Checkup? - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-1.3 - Happy (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-1.5 - QLibs (Hygiene Skills) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Lunch Box Song (Connections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M08-1 - Common Injuries Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-1.2 - What Do Healthy Helpers Do? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-1.4 - I'm Happy Jingle Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M04-2 - How to Brush Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

Updated Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-1.1 - Common Injuries Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-1.3 - Doctor or Dentist? (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-1.5 - Sharing Happiness (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-2.1 - How to Brush Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M02-4.3 - Think Quick! (Standing Up for Myself) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-1.2 - Common Injury Safety Game Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-1.3 - Be Safe, Be Smart, Be Aware (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-1.4 - What Happens at a Checkup? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M05-2 - Recognizing Stress Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-2.2 - Toothbrush Tips Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M02-4.4 - Speak Up Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M02-4.5 - Quiz Challenge - 1 - Social Behavior Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-1.5 - Common Injuries (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-1.5 - Checkup Chant Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-2.1 - Recognizing Stress Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-2.3 - Brush Your Teeth (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M03-2 - Understanding What Worked Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M08-2 - What Is Personal Safety? - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M07-2 - Cold and Flu - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): HW 1M03-4.2

Location: Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

[Link to Updated Content](#)

Original Text: This activity reinforces strengthening the students' ability to respond effectively to unsafe online or in-person situations. Ask students to give examples of ways they interact with people on the internet. Remind them of the importance of staying safe online. Select a key and have students listen to how to stay safe online. [115.12.b.11.A.i; 115.14.b.12.B.i] Navigate to the next page and listen to each scenario. Have students discuss how they would respond. Review the different keys to staying safe online. At the end of the discussion, reveal the answer and have students compare their responses to the answer on the screen. 1st Scenario. Ask students: What would you do if you were Raven? How do you think Raven's friend feels? Which one of the keys would you use in this situation? Remind students about the differences between teasing, joking, and cyberbullying. Explain the role of a bully and a bystander in a bullying situation. [115.12.b.11.A.i; 115.12.b.12.A.i-ii; 115.13.b.13.A.i-ii; 115.13.b.13.C.i; 115.14.b.12.B.i; 115.16.b.14.B.i] Describe and discuss actions to take in response to bullying. [115.12.b.12.C.i] 2nd Scenario. Ask students: What would you do if you were Javier? How do you think Javier feels? Which one of the keys would you use in this situation? Remind students about the importance of having a trusted adult present during digital usage. If an adult is not around and an adult online asks them to do something, they should seek immediate help from an adult they know. [115.14.b.12.B.i] Explain how to get help from a teacher, parent, or other trusted adult when made to feel bullied, uncomfortable, or unsafe in a digital or online environment. Ask for volunteers to demonstrate their strategies to get help. [115.13.b.12.A.i] 3rd Scenario. Ask students: What would you do if you were Tamera? How do you think Tamera feels? Which one of the keys would you use in this situation? Tell students that they should never share their personal information with anyone without getting permission from a trusted adult in their home. [115.12.b.11.A.i; 115.14.b.12.B.i]

Updated Text: Screen: HW 1M03-4.2 - Keys to Online Safety Clarified Teacher Notes to accompany screen activity: This activity reinforces strengthening the students' ability to identify unsafe requests and how to respond effectively to unsafe digitally, online, or in-person situations and explain why obtaining help, especially from parents or other trusted adults when making decisions regarding online or digital use. Ask students to give examples of ways they interact with people on the internet. Remind them of the importance of staying safe online. Select the Play button to listen to Officer Levon. Tell students that parents or another trusted adult are crucial for helping them navigate online or digital situations because those adults can help determine what is safe and what it not. [115.14.b.12.B.i,ii] Select a key and have students listen to how to stay safe online. [115.12.b.11.A.i] Navigate to the next page and listen to each scenario. Have students discuss how they would respond. Review the different keys to staying safe online. At the end of the discussion, reveal the answer and have students compare their responses to the answer on the screen. Then navigate to the next screen by selecting the arrow on the right of the screen. 1st Scenario. Ask students: What would you do if you were Raven? Is this an unsafe request? (In this case, the answer is no. It is an unkind situation, but not unsafe.) How do you think Raven's friend feels? Which one of the keys would you use in this situation? Remind students about the differences between teasing, joking, and cyberbullying. Explain the role of a bully and a bystander in a bullying situation. [115.12.b.11.A.i; 115.12.b.12.A.i-ii; 115.13.b.13.A.i-ii; 115.13.b.13.C.i; 115.14.b.12.A.i,ii; 115.16.b.14.B.i] Describe and discuss actions to take in response to bullying. (One appropriate action or response would be to tell and adult). [115.12.b.12.C.i] 2nd Scenario. Ask students: What would you do if you were Javier? Is this an unsafe request? How do you think Javier feels? Which one of the keys would you use in this situation? [115.14.b.12.A.i,ii] Remind students about the importance of having a trusted adult present during digital usage. If an adult is not around and a person online makes an unsafe request like asking for personal information or asking them to meet somewhere, the appropriate action to take is to seek immediate help from an adult they know and trust. [115.14.b.12.B.i] Explain how to get help from a teacher, parent, or other trusted adult when made to feel bullied, uncomfortable, or unsafe in a digital or online environment. Ask for volunteers to demonstrate their strategies to get help. [115.13.b.12.A.i] 3rd Scenario. Ask students: What would you do if you were Tamera? Is this an unsafe request? How do you think Tamera feels? Which one of the keys would you use in this situation? Tell students this is an unsafe request and that they should never share their personal information Tell students



that they should never share their personal information with anyone without getting permission from a trusted adult in their home. The appropriate action is to alert their trusted adult of this unsafe request immediately. [115.12.b.11.A.i; 115.14.b.12.B.i]

**Component: *Quaver Health Online License***

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Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-2.2 - What Happened to Carlos? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-2.4 - Brush It Off Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M03-2.1 - Understanding What Worked Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-2.1 - What Is Personal Safety? - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-2.2 - Germ-Finding Super-Gogs Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M01-4 - What Is an Emergency? - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-2.3 - The Stress Song (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-2.5 - Dentist, Dentist (How to Brush) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M03-2.2 - Understanding What Worked Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-2.2 - Do We Have a Problem? (Safe or Unsafe) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-2.3 - The Kid vs. Germs (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M01-4.1 - What Is an Emergency? - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-2.4 - Talk It Out Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 1M04-3 - What is Exercise? - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M03-2.3 - Evaluate (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M08-2.3 - Safe or Unsafe Game Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M07-2.4 - Germ Fighters Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M01-4.2 - Emergency or Not? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M05-2.5 - Recognizing Stress (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 1M04-3.1 - What is Exercise? - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

## Subject: Physical Education, Grade 2

### Program: *Quaver Health*

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[Link to Current Content](#)

Current Page Number(s): HW 1M03-4.2

Location: Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

[Link to Updated Content](#)

Original Text: This activity reinforces strengthening the students' ability to respond effectively to unsafe online or in-person situations. Ask students to give examples of ways they interact with people on the internet. Remind them of the importance of staying safe online. Select a key and have students listen to how to stay safe online. [115.12.b.11.A.i; 115.14.b.12.B.i] Navigate to the next page and listen to each scenario. Have students discuss how they would respond. Review the different keys to staying safe online. At the end of the discussion, reveal the answer and have students compare their responses to the answer on the screen.1st Scenario. Ask students: What would you do if you were Raven? How do you think Raven's friend feels? Which one of the keys would you use in this situation? Remind students about the differences between teasing, joking, and cyberbullying. Explain the role of a bully and a bystander in a bullying situation. [115.12.b.11.A.i; 115.12.b.12.A.i-ii;115.13.b.13.A.i-ii; 115.13.b.13.C.i; 115.14.b.12.B.i; 115.16.b.14.B.i]Describe and discuss actions to take in response to bullying. [115.12.b.12.C.i]2nd Scenario. Ask students: What would you do if you were Javier? How do you think Javier feels? Which one of the keys would you use in this situation? Remind students about the importance of having a trusted adult present during digital usage. If an adult is not around and an adult online asks them to do something, they should seek immediate help from an adult they know. [115.14.b.12.B.i] Explain how to get help from a teacher, parent, or other trusted adult when made to feel bullied, uncomfortable, or unsafe in a digital or online environment. Ask for volunteers to demonstrate their strategies to get help. [115.13.b.12.A.i]3rd Scenario. Ask students: What would you do if you were Tamera? How do you think Tamera feels? Which one of the keys would you use in this situation? Tell students that they should never share their personal information with anyone without getting permission from a trusted adult in their home. [115.12.b.11.A.i; 115.14.b.12.B.i]

Updated Text: Screen: HW 1M03-4.2 - Keys to Online Safety Clarified Teacher Notes to accompany screen activity: This activity reinforces strengthening the students' ability to identify unsafe requests and how to respond effectively to unsafe digitally, online, or in-person situations and explain why obtaining help, especially from parents or other trusted adults when making decisions regarding online or digital use. Ask students to give examples of ways they interact with people on the internet. Remind them of the importance of staying safe online. Select the Play button to listen to Officer Levon. Tell students that parents or another trusted adult are crucial for helping them navigate online or digital situations because those adults can help determine what is safe and what it not. [115.14.b.12.B.i,ii] Select a key and have students listen to how to stay safe online. [115.12.b.11.A.i] Navigate to the next page and listen to each scenario. Have students discuss how they would respond. Review the different keys to staying safe online. At the end of the discussion, reveal the answer and have students compare their responses to the answer on the screen. Then navigate to the next screen by selecting the arrow on the right of the screen.1st Scenario. Ask students: What would you do if you were Raven? Is this an unsafe request? (In this case, the answer is no. It is an unkind situation, but not unsafe.) How do you think Raven's friend feels? Which one of the keys would you use in this situation? Remind students about the differences between teasing, joking, and cyberbullying. Explain the role of a bully and a bystander in a bullying situation. [115.12.b.11.A.i; 115.12.b.12.A.i-ii;115.13.b.13.A.i-ii; 115.13.b.13.C.i; 115.14.b.12.A.i,ii; 115.16.b.14.B.i]Describe and discuss actions to take in response to bullying. (One appropriate action or response would be to tell and adult). [115.12.b.12.C.i]2nd Scenario. Ask students: What would you do if you were Javier? Is this an unsafe request? How do you think Javier feels? Which one of the keys would you use in this situation? [115.14.b.12.A.i,ii] Remind students about the importance of having a trusted adult present during digital usage. If an adult is not around and a person online makes an unsafe request like asking for personal information or asking them to meet somewhere, the appropriate action to take is to seek immediate help from an adult they know and trust. [115.14.b.12.B.i] Explain how to get help

from a teacher, parent, or other trusted adult when made to feel bullied, uncomfortable, or unsafe in a digital or online environment. Ask for volunteers to demonstrate their strategies to get help. [115.13.b.12.A.i]3rd Scenario. Ask students: What would you do if you were Tamera? Is this an unsafe request? How do you think Tamera feels? Which one of the keys would you use in this situation? Tell students this is an unsafe request and that they should never share their personal information Tell students that they should never share their personal information with anyone without getting permission from a trusted adult in their home. The appropriate action is to alert their trusted adult of this unsafe request immediately. [115.12.b.11.A.i; 115.14.b.12.B.i]

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-4.4 - Wise Words Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-3.2 - Make the Healthy Choice Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M03-2 - Making Healthy Decisions Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.



**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-3.4 - Check-In (The Role Water Plays) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-3.2 - Trustful Relationships Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M05-4 - Identifying Strong Feelings Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-3.3 - Healthy Helper (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-4.2 - Benefits of Sleep Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-3.1 - Strangers Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-3.2 - Health Goals Road Map Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-4.5 - Quiz Challenge - 2 - Responsible Decision Making Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-3.4 - Medication Choices Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-2.1 - Making Healthy Decisions Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-3.5 - The Role Water Plays (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-3.3 - Someone I Can Talk To (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-4.1 - Identifying Strong Feelings Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-3.4 - Why Get Healthy Help? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-4.3 - The Sleep Game Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-3.2 - Safe and Unsafe Strangers Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M11-1.8 - Mosquitoes and Ticks Select each slide on the right side to navigate to through the screen. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M04-2 - Brushing and Flossing Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-3.5 - QLibs (Use and Misuse of Medications) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-2.2 - Making Healthy Choices Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M07-1 - What Happens at the Doctor? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-3.4 - Who Ya Gonna Call? (Building Relationships With Trusted Adults) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-4.2 - Strong Feeling Sort Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-3.5 - This Or That (Finding The Right Healthy Helper) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-4.4 - Lesson Mindset (What Does Sleep Do for Me?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-3.3 - I Don't Talk to Strangers (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M01-4 - Reducing Emergency-Causing Hazards Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.



**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-4.5 - Quiz Challenge - 2 - Healthy Practices and Hygiene Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-3.4 - Stranger Smarts Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): HW 3M05-2.2

Location: Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M05-2.2 - Controlling Stress (Managing My Stress) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-2.1 - Brushing and Flossing Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M08-1 - Playground Safety Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-2.3 - All of These Choices (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-1.1 - What Happens at the Doctor? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-3.5 - Matching Game (Building Relationships with Trusted Adults) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-4.3 - Breathing Calms Me Down (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-4.1 - Reducing Emergency-Causing Hazards Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M05-1 - What My Feelings Mean Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-3.5 - Lesson Mindset (Strangers) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-3.2 - All About Medicine Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-2.2 - Finish with Floss Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-1.1 - Playground Safety Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-2.4 - Check-In (Making Healthy Decisions) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-1.2 - What Happens At the Doctor (Video Tour) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M02-4 - Bullies, Bystanders, and Victims Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-4.4 - Check-In (Identifying Strong Feelings) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-4.3 - Stronger and Safer (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-1.1 - What My Feelings Mean Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Hot Potato Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-1.2 - Can You See What I Feel? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-2.3 - Brush Your Teeth (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-1.2 - Problem-Solving Super-Gogs (Playground Safety) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-2.5 - Making Healthy Decisions (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-1.3 - Checkup Circuit (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-4.1 - Bullies, Bystanders, and Victims Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-4.5 - Quiz Challenge - 2 - Mental Health and Wellness Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-4.4 - Emergency Prevention Sorter Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-1.2 - Real Feelings Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Papa Caliente Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-4.4 - Danger of Weapons Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-2.4 - Check-In (Brushing and Flossing) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-1.3 - Be Safe, Be Smart, Be Aware (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M03-3 - Importance of Goal Setting Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-1.4 - Doctors on Duty Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-4.2 - Bullying Roles Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M06-2 - Explore - Making Nutritional Choices Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-4.5 - Quiz Challenge - 2 - General Health Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-1.3 - I'm Not a Robot (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepare Your Body Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M01-1 - Exploring My Health at School Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-2.5 - Brushing and Flossing (Futurizations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-1.4 - Check-In (Playground Safety) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-3.1 - Importance of Goal Setting Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-1.5 - Doctor, Doctor (What Happens at the Doctor?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-4.3 - Bully, Bully Go Away (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-2.1 - Explore - Making Nutritional Choices Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-2.2 - Finding Valid Nutrition Information Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M02-1 - Asking for Help Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-1.4 - Teach the Robot Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepara Su Cuerpo Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-1.1 - Exploring My Health at School Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M04-3 - Discovering What Exercise is Right for Me Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-1.5 - Stay Safe At The Playground Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-3.2 - Health Goals Road Map Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M07-2 - Introducing Disease Awareness Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-4.4 - The Four W's Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-4.5 - Quiz Challenge - 2 - Social Behavior Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-2.3 - Healthy Choices (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-1.1 - Asking for Help Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-1.5 - What My Feelings Mean (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Jumpin' Jacks (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-1.2 - Health at School Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-3.1 - Discovering What Exercise is Right for Me Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M08-2 - Saying No in Risky Situations Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-3.3 - Get Motivated (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-2.1 - Introducing Disease Awareness Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M03-1 - Problems Big and Small Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-2.4 - My Nutrition Promise Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-1.2 - Life-Saver Flow Chart Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M05-3 - Choosing a Growth Mindset Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Lunch Box Song (Connections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-1.3 - Healthy Me (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-3.2 - What Do I Like? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-2.1 - Saying No in Risky Situations Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-3.4 - Lesson Mindset (Importance of Goal Setting) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-2.2 - Ask a Doctor Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-1.1 - Problems Big and Small Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-2.5 - This or That (Making Nutritional Choices) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-1.3 - Everybody Needs a Little Help (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-3.1 - Choosing a Growth Mindset Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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[Link to Current Content](#)

Current Page Number(s): N/A

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[Link to Updated Content](#)

Original Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

Updated Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>



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ISBN: 9781642851427

Current Page Number(s): N/A

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-1.4 - Health Tracker Introduction Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-3.3 - Move and Groove (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-2.2 - Unsafe Situation Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-3.5 - Importance of Goal Setting (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-2.3 - Healthy America (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-1.2 - Two Kinds of Problems Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M06-3 - The Role Water Plays Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-1.4 - Do They Need Help? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-3.2 - Tug of Mindset Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-1.5 - QLibs (My Health at School) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-3.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-2.3 - Practicing Refusal Skills (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M03-4 - Introduce - Communicating Online Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-2.4 - Personal Prevention Practices Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-1.3 - Big or Small (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-3.1 - The Role Water Plays Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-1.5 - Asking for Help (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-3.3 - The Mindset Battle (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M01-3 - Why Do I Need Healthy Help? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-3.5 - QLibs (What Exercise is Right for Me?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-2.4 - Keeping It Real (Saying No in Risky Situations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-4.1 - Introduce - Communicating Online Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-2.5 - Symptom Sorting Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-4.2 - Tech Talk (Communicating Online) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M07-3 - Use and Misuse of Medications Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-1.4 - Solve the Problems Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-3.2 - All About Water Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M02-3 - Building Relationships With Trusted Adults - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-3.4 - Mindset Blaster Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-3.1 - Why Do I Need Healthy Help? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M04-4 - What Does Sleep Do for Me? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M08-2.5 - QLibs (Saying No in Risky Situations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-4.3 - Be Careful How You Use the Internet (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M07-3.1 - Use and Misuse of Medications Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M03-1.5 - Big and Small Problems (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M06-3.3 - Drink Your Water (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M02-3.1 - Building Relationships With Trusted Adults - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M05-3.5 - Choosing a Growth Mindset (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M01-3.2 - Healthy Help in My Community Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 2M04-4.1 - What Does Sleep Do for Me? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 2M08-3 – Strangers Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Subject: Physical Education, Grade 3**

**Program: *Quaver Health***

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-1.2 - The Situations Report Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M08-1 - Water Safety Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-2.4 - Family Traditions - Upgrade Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-3.2 - All About Water Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M05-3.4 - The Road to Strength Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M04-2 - Brushing and Flossing - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-4.4 - Spider and Insect Sorter Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-1.3 - Break Down (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-1.1 - Water Safety Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-2.5 - This or That (Cultural Influences on Health) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-3.3 - Balance and Nutrition (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M05-3.5 - Overcoming My Weaknesses (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-2.1 - Brushing and Flossing - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-4.5 - Quiz Challenge - 3 - Safety and Accident Prevention Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-1.4 - Breaking News: Situations Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-1.2 - Problem-Solving Super-Gogs (Water Safety) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M01-4 - Reducing Emergency-Causing Hazards - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-3.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M06-1 - The Role of Vitamins and Minerals - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-2.2 - Finish with Floss Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Hot Potato Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Papa Caliente Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-1.5 - Breaking Down Situations (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-1.3 - Be Safe, Be Smart, Be Aware (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-4.1 - Reducing Emergency-Causing Hazards - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-3.5 - The Role Water Plays (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-1.1 - The Role of Vitamins and Minerals - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-2.3 - Brush Your Teeth (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-2.4 - Lesson Mindset (Brushing and Flossing - Going Deeper) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepare Your Body Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M03-2 - Setting My Intentions Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-1.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-4.2 - Identify the Hazard Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M07-1 - What Happens at the Doctor? - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-1.2 - Major Vitamins and Minerals Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-2.5 - Brushing and Flossing (Futurizations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepara Su Cuerpo Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-2.1 - Setting My Intentions Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-1.5 - Safe and Unsafe Water Play Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-4.3 - Emergency (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-1.1 - What Happens at the Doctor? - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-1.3 - Nutrients (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M04-4 - What Does Sleep Do for Me? - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-2.2 - Intention for My Day Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M08-2 - Saying No in Risky Situations - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-4.4 - Emergency Prevention Sorter Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-1.2 - What Happens At the Doctor (Video Tours) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-1.4 - Lesson Mindset (The Role of Vitamins and Minerals) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-4.1 - What Does Sleep Do for Me? - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-2.3 - Set My Course (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-2.1 - Saying No in Risky Situations - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-4.5 - Quiz Challenge - 3 - General Health Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-1.3 - Checkup Circuit (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-1.5 - Food Sorter (Vitamins and Minerals) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-4.2 - Benefits of Sleep Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-2.4 - Set My Course (Analyze the Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-2.2 - Unsafe Situation Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M02-4 - Assertiveness and Bullying Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-1.4 - Doctors on Duty Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M06-2 - Making Nutritional Choices Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-2.1 - Making Nutritional Choices Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-4.3 - The Sleep Game Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-2.5 - Setting My Intentions (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-2.3 - Practicing Refusal Skills (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M02-4.1 - Assertiveness and Bullying Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-1.5 - What Happens at the Doctor? Going Deeper (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): HW 3M05-2.2

Location: Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M05-2.2 - Controlling Stress (Managing My Stress) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-2.2 - Finding Valid Nutrition Information Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-4.4 - Lesson Mindset (What Does Sleep Do for Me?) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M04-1 - Consequences of Poor Hygiene - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-2.4 - Keeping It Real (Saying No in Risky Situations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M02-4.2 - Three Voices Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M07-3 - Avoiding Misuse of Medications Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-3.2 - All About Medicine Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-2.3 - Healthy Choices (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-4.5 - Quiz Challenge - 3 - Healthy Practices and Hygiene Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-1.1 - Consequences of Poor Hygiene - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-2.5 - QLibs (Saying No in Risky Situations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M02-4.3 - Stand Up for Yourself (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-3.1 - Avoiding Misuse of Medications Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M01-2 - Cultural Influences on Health Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-2.4 - My Nutrition Promise Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M05-3 - Overcoming My Weaknesses Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-1.2 - Hygiene Benefits Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M08-4 - Safety with Spiders and Insects - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M02-4.4 - Speaking Assertively Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-3.2 - All About Medicine Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-2.1 - Cultural Influences on Health Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-2.5 - This or That (Making Nutritional Choices) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M05-3.1 - Overcoming My Weaknesses Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-1.3 - Feelin' Fresh Every Day (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-4.1 - Safety with Spiders and Insects - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M02-4.5 - Quiz Challenge - 3 - Social Behavior Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Jumpin' Jacks (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-3.3 - Medicine (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M03-1 - Evaluating Solutions and Consequences Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Lunch Box Song (Connections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-3.4 - Say No to the Misuse Monster Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-2.2 - Family and Cultural Traditions (Health-O-Meter) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 3M06-3 - The Role Water Plays - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M05-3.2 - Accept, Ask, Share Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-1.4 - My Personal Hygiene Plan Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-4.2 - All About Spiders and Insects Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M03-1.1 - Evaluating Solutions and Consequences Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

Updated Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M07-3.5 - Do What's Right (Avoiding Misuse of Medications) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M01-2.3 - Get Together and Move (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M06-3.1 - The Role Water Plays - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M05-3.3 - I'll Get Through It (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M04-1.5 - Missing Habits Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 3M08-4.3 - Gonna Catch You! (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Subject: Physical Education, Grade 4**

**Program: *Quaver Health***

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M05-3 - Improving Myself Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M01-4 - Preventing an Emergency Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-3.1 - Exercise and My Well-Being Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M04-1 - Creating Healthy Habits Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-4.3 - I Spy (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-1.2 - Sonder and Ben Meet Captain Rewind (Story) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-1.5 - QLibs (Food Labels) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-2.4 - My Personality Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-2.5 - I Am Unique Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-3.1 - Improving Myself Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-4.1 - Preventing an Emergency Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-3.2 - Health Benefits of Exercise Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-1.1 - Creating Healthy Habits Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-4.4 - Dangers of Weapons Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-1.3 - Trial Run (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M06-2 - Negative Effects of Food Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M02-3 - Healthy and Unhealthy Influences - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-3.2 - Improve Myself Every Day Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-4.2 - Anticipating Emergencies Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-3.4 - True or False? (Exercise and My Well-Being) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-1.2 - Healthy Habits at Home and School Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-4.5 - Weapon Safety Chant Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-1.4 - Analyze the Story: Sonder and Ben Meet Captain Rewind Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-2.1 - Negative Effects of Food Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-3.1 - Healthy and Unhealthy Influences - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-3.3 - Working Towards a Better Me (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-4.3 - Think Quick! (Preventing An Emergency) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-3.5 - Exercise and My Well-Being (Futurizations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-1.2 - Can You See What I Feel? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-1.3 - Feelin' Fresh Every Day (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Hot Potato Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-1.5 - Learning from Situations (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-2.2 - Effects of Certain Foods and Ingredients Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-2.3 - Food Reactions (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-3.2 - Battle of the Influences Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-3.4 - Journaling Center Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-4.4 - Making Safe Decisions Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M04-4 - Setting Sleep Routines Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M01-1 - Health in My Community Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-1.4 - My Healthy Habits Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Papa Caliente Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M03-3 - Steps to Achieving My Goal Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-2.4 - Nutritious Substitutions Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-3.3 - Move and Discuss (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-3.5 - Improving Myself (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-4.5 - Quiz Challenge - 4 - General Health Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-4.1 - Setting Sleep Routines Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-1.1 - Health in My Community Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-1.5 - Healthy Habits Can Help Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepare Your Body Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-3.1 - Steps to Achieving My Goal Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-3.2 - Goals Checklist Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-2.5 - Train the Brain (Negative Effects of Food) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-3.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M05-4 - Expressing Empathy Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M02-1 - Reading Body Language Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-4.2 - Bedtime Basics Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-1.2 - Helpers in My Community Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M04-2 - Exploring Lifetime Benefits of Healthy Teeth Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepara Su Cuerpo Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-3.3 - Working on My Dreams (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M08-1 - Introduce - Advocating for Accident Prevention Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-3.5 - QLibs (Healthy and Unhealthy Influences) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-4.1 - Expressing Empathy Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-1.1 - Reading Body Language Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-4.3 - Pillow Fort Defenders (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-1.3 - Helping Your Community (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-2.1 - Exploring Lifetime Benefits of Healthy Teeth Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Jumpin' Jacks (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-3.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-1.1 - Introduce - Advocating for Accident Prevention Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M02-4 - Standing Up for Others Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-4.2 - Letting Your Empathy Show Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-1.2 - Can You See What I Feel? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-4.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-1.4 - Health Tracker Introduction (Journal) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-2.2 - Molar Movies Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Lunch Box Song (Connections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

Updated Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-3.5 - Long-Term Goals Cafe Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-1.2 - Reduce the Risks Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-4.1 - Standing Up for Others Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-4.3 - Feel the Same Way (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-1.3 - I See How You're Feeling (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-4.5 - Quiz Challenge - 4 - Healthy Practices and Hygiene Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-1.5 - This or That (Health in My Community) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-2.3 - Practicing Self-Discipline (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M03-4 - Sharing Information Online Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-1.3 - Prevent, Respond, and Hazards (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-4.2 - Whose Side Are You On? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-4.4 - Kind Minds Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-1.4 - Project Emotion-Way Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M05-2 - When I Feel Anxious Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M01-2 - Discover - Managing My Health Influences Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-4.1 - Sharing Information Online Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-1.4 - Safety Pledge Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-4.3 - Speak Up (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-4.5 - Quiz Challenge - 4 - Mental Health and Wellness Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-1.5 - Reading Body Language (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-2.1 - When I Feel Anxious Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-2.1 - Discover - Managing My Health Influences Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-2.2 - What Influences Mateo? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-4.2 - What Is Okay To Say? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-1.5 - Topic Discussion (Advocating for Accident Prevention) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-4.4 - You Have the Power Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M06-1 - Introducing Food Labels Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M02-2 - Respecting Individual Differences Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-2.2 - All About Anxious Feelings Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-2.3 - Four Dimensions of Health (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-2.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-4.3 - Be Careful How You Use the Internet (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M08-4 - Understanding Dangers of Guns and Other Weapons Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-4.5 - Quiz Challenge - 4 - Social Behavior Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-1.1 - Introducing Food Labels Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-2.1 - Respecting Individual Differences Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-2.3 - Nerves (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-2.4 - Decision Machine (Managing My Health Influences) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M04-2.5 - Dentist, Dentist (Lifetime Benefits of Healthy Teeth) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-4.4 - Lesson Mindset (Sharing Information Online) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-4.1 - Understanding Dangers of Guns and Other Weapons Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M03-1 - Learning from Situations Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-1.2 - Reading Food Labels Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-2.2 - Let's Connect Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-2.4 - Coping Corners Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M05-2.5 - When I Feel Anxious (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M01-2.5 - QLibs (Managing My Health Influences) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 4M04-3 - Exercise and My Well-Being Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

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[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-4.5 - Quiz Challenge - 4 - Responsible Decision Making Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M08-4.2 - Know the Facts (Dangers of Guns) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M03-1.1 - Learning From Situations Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M06-1.4 - What's Really In Your Food? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 4M02-2.3 - You-Nique (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Subject: Physical Education, Grade 5**

**Program: *Quaver Health***

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-1.5 - Healthy Habits Can Help Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-2.1 - Appreciating Diversity Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Jumpin' Jacks (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M08-2 - Setting Personal Boundaries - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-1.4 - S.T.A.R. Support Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-1.5 - When to Ask for Help (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M04-3 - Exercise and My Well-Being - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-2.2 - Diversity Diner Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Lunch Box Song (Connections) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-2.1 - Setting Personal Boundaries - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M05-2 - Consequences of Stress Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-3.1 - Exercise and My Well-Being - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-2.3 - Who We Are (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

[Link to Current Content](#)

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

Updated Text: Instructional Guides - Scope and Sequence For a complete list of updates to this document, please review: <https://teacher.quavered.com/media/images/235c1c2c-ecfd-470e-bc96-12274a67f826.pdf>

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-2.2 - Personal Boundaries Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-2.1 - Consequences of Stress Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-3.2 - Health Benefits of Exercise Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-2.4 - Diversity Circles Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-2.3 - The Boundary Game Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M05-3 - Using My Strengths to Help Others Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-3.4 - True or False? (Exercise and My Well-Being) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-2.5 - Appreciating Diversity (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-4.4 - Danger of Weapons Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-2.4 - Saying No Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-3.1 - Using My Strengths to Help Others Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-3.5 - Exercise and My Well-Being (Futurizations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M02-4 - Conflict or Bullying? Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M01-1 - Planning My Healthy Future Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-2.5 - Setting Personal Boundaries (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-3.2 - What Makes a Big Heart Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M04-4 - Setting Sleep Routines - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-4.1 - Conflict or Bullying? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-1.1 - Planning My Healthy Future Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M08-4 - Dangers of Guns and Other Weapons Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-1.4 - Health Tracker Introduction (Journal) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-4.1 - Dangers of Guns and Other Weapons Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-3.3 - Big-Hearted People (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-4.1 - Setting Sleep Routines - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-4.2 - What's the Difference? Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-1.5 - Planning My Healthy Future (Futurizations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-4.2 - Know the Facts (Dangers of Guns) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-3.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-4.2 - Bedtime Basics Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-4.3 - Discussion Defenders (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M01-4 - Creating an Emergency Plan Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-4.3 - I Spy (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-3.5 - Using My Strengths to Help Others (Reflections and Other Thoughts) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-4.3 - Pillow Fort Defenders (Gym Game) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-4.4 - Conflict or Bullying: You Decide (Story) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-4.1 - Creating an Emergency Plan Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-4.4 - Danger of Weapons Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M06-3 - Nutritional Goals - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-4.4 - My Sleep Promise Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M02-4.5 - Quiz Challenge - 5 - Social Behavior Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-4.2 - Emergency Action Plan Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M08-4.5 - Weapon Safety Chant Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: *Quaver Health Online License***

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M06-3.1 - Nutritional Goals - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-4.5 - Quiz Challenge - 5 - Healthy Practices and Hygiene Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M04-1 - Creating Healthy Habits - Going Deeper Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-1.1 - Creating Healthy Habits - Going Deeper Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-4.3 - Be Ready (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Hot Potato Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

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Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M06-3.2 - Nutritional Goals Checklist Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M05-1 - When to Ask for Help Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-1.2 - Healthy Habits at Home and School Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-4.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Papa Caliente Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M06-3.3 - Working Towards a Better Me (Lyrics) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-1.1 - When to Ask for Help Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.



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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-1.3 - Feelin' Fresh Every Day (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M01-4.5 - Quiz Challenge - 5 - General Health Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepare Your Body Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M06-3.4 - Journal Entry Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-1.2 - Warning Signs Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M04-1.4 - My Healthy Habits Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

**Component: Quaver Health Online License**

ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Lesson: HW 5M02-2 - Appreciating Diversity Each lesson contains five screens (linked below). Select "Launch" to enter the first screen activity. Then select "Start" to begin the lesson and use "Next" to navigate to the next screen.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Toolbox - Prepara Su Cuerpo Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M06-3.5 - Nutritional Goals (Futurizations) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.

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ISBN: 9781642851427

Current Page Number(s): N/A

Location: N/A

[Link to Updated Content](#)

Original Text: N/A

Updated Text: Screen: HW 5M05-1.3 - Reach Out (Music Video) Explore the screen activity by selecting all buttons within the blue border. Use the teacher's notes for guidance. To access the teacher's notes: Select Menu button > Select Notes > Scroll to read all Notes.