SOUTH PIER, ST. HELIER, JERSEY, JE2 3NB, CHANNEL ISLANDS TEL OFFICE: 01534-732229 EMAIL: office@shyc.je

## RYA SEA SURVIVAL COURSE

The Sea Survival course is run in two parts and provides a practical understanding of how to use the safety equipment on board your boat, with the theory taught in our training room and a swimming pool session using lifejackets and a life raft, and experience of using safety flares.

Date & time for theory session: Saturday 4<sup>th</sup> April 2020 – from 09:30 to 13:30

Date & time for practical session: Tuesday 7<sup>th</sup> April 2020 – from 19:00 to 22:00

**Venue:** Westward Room - St Helier Yacht Club, with the practical at Quennevais school pool

Tutor: Steve Pearl

**Cost:** £139 – participants must be 17 years or over

Your chances of survival will be greatly increased if you understand how to use the equipment and how to help yourself when disaster strikes at sea. It is a well-proven fact that, in the event of an emergency at sea, people with training are more likely to survive. Experience the problems of entering a life raft and assisting others while fully kitted out in wet weather gear and a lifejacket.

There will be a theory session in our training room on the Sunday morning, with the practical session at Quennevais School's swimming pool the following Tuesday evening. For the practical session you will need to bring a CLEAN set of waterproofs (jacket and trousers), a pair of shorts or swimwear, a tee shirt, and a towel. Please bring a usable lifejacket. If you are unable to provide a lifejacket, please contact me.

Please contact Chris, the Club Manager, on 732229 or email <u>office@shyc.je</u> to book your place on the courses. Please confirm as soon as possible as places are limited.

