|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Shift | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 7.30am-9.30am  Including service of cold breakfast |  |  |  |  |  |  |  |
| 9.30am-12 |  |  |  |  |  |  |  |
| 12-3pm  Including service of cold lunch |  |  |  |  |  |  |  |
| 3-6pm |  |  |  |  |  |  |  |
| 6-9.30  Including cooking of hot meal and service |  |  |  |  |  |  |  |
| 9.30-7.30 |  |  |  |  |  |  |  |
| Laundry service (2-3 hrs/ week/flexible) |  |  |  |  |  |  |  |
| Changing of bed linen  (2-3 hrs/ week/flexible) |  |  |  |  |  |  |  |

**C4WS Winter Shelter**

Volunteer Name:

How many shifts a week can you do?