

Celebrate the Views to Honor Life - Eye Donation Month

NOVEMBER 2022

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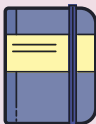
Kahoot!
Play our E.D.M.
themed quiz
Ends: Nov 28th

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SAN ANTONIO EYE BANK

@saeyebank
f o y

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1 
Start a 30 day
gratitude journal

W

2 
Sign up as
a Donor!
saeyebank.org


T

3 
Order takeout
from local diner


F

4 
A New View:
Alexis's Story
bit.ly/AlexisEDM

S

5 
Call an old
friend

6 
Chalk the
sidewalks


7 
Buy coffee for a
coworker


8 
Read a book
this month

9 
Through Their
Eyes: Robby's
Story
bit.ly/RobbyEDM

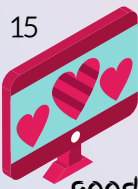
10 
Send a card

11 
post a
smiling
selfie


12 
Play a
board game

13 
Send a happy
text


14 
A Joyful
Child:
Zoe's Story
bit.ly/ZoeHealed

15 
Share
a "feel
good" story

16 
Shop for the
needy

17 
Buy only what
you need


18 
Try a new recipe


19 
Go for a scenic
view walk

20 
Share an
uplifting
quote

21 
Compliment
co-workers

22 
Donate to a
local charity or
non-profit

23 
Share some
tunes

24 
Reconnect
with family

25 
Volunteer!
saeyebank.org

26 
Buy a gift
card from a
local shop

27 
Practice self care

28 
Give Back

29 
Post a
family photo

30 
Post a thank you

EYE (CORNEA) DONATION & TRANSPLANTATION FACTS

- As a donor you heal lives and restore sight to two people
- A cornea is the clear, dime-sized tissue found at the front of the eye
- San Antonio Eye Bank has helped restore sight to the blind throughout South Texas for more than 50 years
- Register to Give the Gift of Sight or learn more at donateLIFetexas.org/saeyebank

Follow us on social media to keep up-to-date about
contests and activities we are hosting throughout the month
@saeyebank